



CABRINI
UNIVERSITY

LIVE WITH PURPOSE

610 KING OF PRUSSIA ROAD | RADNOR, PENNSYLVANIA 19087-3698

Psychology Department Handbook **Fall 2022 – Spring 2023**

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Preface

The faculty and students of the Psychology Department offer you a warm welcome and wish you success on your new venture as an undergraduate Psychology major earning a **Bachelor's of Science (BS)** degree. The pages that follow contain information that will introduce you to our Psychology program and give you the necessary information to make a successful start and completion of our program.

The study of psychology is a challenging academic pursuit that requires good critical thinking, research skills, quantitative reasoning and effective writing—all of which fit nicely into the liberal arts and sciences curriculum of Cabrini University. The applied aspects of psychology have utility in a wide variety of fields ranging from education to business to science. The skills and knowledge you acquire as a Psychology student should serve you well in any field you choose to pursue, as well as augmenting and supporting the Cabrini University Core curriculum and mission.

The Psychology Program

The course of study for psychology majors is based on a generalist model that is designed to prepare students for a variety of fields within psychology as well as in related disciplines. Heavy emphasis is given to developing skills necessary to function effectively in a field that is based on scientific, empirical research. Students take a wide array of courses fostering laboratory experience, social and developmental skills, and neurological and clinical exposure.

Emphasis is given to psychology as both a natural and social science within the framework of a liberal arts and sciences education. Students may pursue double majors and minors. The department works closely with the sociology, criminology, social work, business, and science programs to enhance the student's career opportunities and allow for diversity of curricula and faculty.

It is important for students who plan careers as professional psychologists to know that graduate training in Psychology is often essential. Therefore, heavy emphasis is given to preparing students for future graduate training and specialization in our program.

Psychology Department Mission Statement

The Psychology Department at Cabrini University works to develop a strong work ethic and inclusive sense of community. Both students and faculty work together to help create a learning environment rich in high quality teaching and education across the arts and sciences, to develop well-rounded individuals to benefit the field of Psychology and the diverse individuals that the discipline serves.

Learning Outcomes

The objectives of the psychology major are those prescribed by the American Psychological Association (APA) and include the knowledge, skills, and values consistent with the science and application of psychology.

APA Learning Goals

- I. Knowledge Base in Psychology
- II. Scientific Inquiry and Critical Thinking
- III. Ethical and Social Responsibility in a Diverse World
- IV. Communication
- V. Professional Development

Cabrini Psychology Major Learning Outcomes

Students will:

1. demonstrate familiarity with the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology (APA goals I, III);
2. apply basic research methods and the scientific approach to solving problems ethically in psychology, including research design, data analysis, and presentation skills (APA goals II, III, IV);
3. use critical thinking to apply psychological principles to personal, social, and organizational issues in a diverse world (APA goals I, II, III);
4. acknowledge biological and cognitive underpinnings in understanding the development of diverse thinking and behavior (APA goals I, II, III);
5. explore pathways in psychology for career and professional development (APA goal V).

Psychology Department Policies

As a psychology major at Cabrini University, students will engage in the following practices for successful completion of the major or minor:

- Regularly check Cabrini-issued email and course designations on Blackboard/Learn;
- Please give faculty at least 24-48 hours to respond to emails and other communications;
- Keep cell phones/laptops not used for class silenced and put away during all course-assigned meetings and activities;
- Attend and engage in class regularly for the entire class period, and arrive on time;
- Explicitly communicate with instructors at the beginning of each semester if any documented disability accommodations are needed

*Note: Individual instructors may have additional policies noted in their syllabi (which may also affect a student's grade in a class). Please consult your syllabi for more details.

All new majors and minors will be added to the CabriniLearn Blackboard community of the Psychology Department. There, students will have access to important documents, announcements and resources related to Psychology at Cabrini.

Psychology Department Grading Scale

The Psychology Department observes a standard grading scale which faculty use for grading purposes across psychology courses. **Plus (+) and/or minus (-) grades would also fall within these ranges.** A faculty member observes the right to subjectively grade according to course syllabi.

- "A" range:** 90 – 100 %
- "B" range:** 80 – 89 %
- "C" range:** 70 – 79 %
- "D" range:** 60 – 69 %
- "F" range:** 59 % or below

Psychology Research Pool

To provide students experience with both sides of the research process, any/all students enrolled in a psychology (PSY) course, regardless of academic major, are required to participate in the Research Participant Pool (unless students are under 18 or conducting the research themselves). Participants are required to attend one research session or complete an alternative assignment.

Psychology Department Faculty

Dr. Ruta Clair is an Assistant Professor of Psychology. She received her PsyD in School Psychology from Philadelphia College of Osteopathic Medicine after receiving a Master's degree in Developmental Psychology from Bryn Mawr College. Her training has specialized in School Psychology and Neuropsychology and she is a certified brain injury specialist. Her research has focused on health-related quality of life, the intersection between the physical and psychological, and concussion. Her professional interests include neuropsychology across the lifespan, learning and attention disorders, concussion, traumatic brain injury, the impact of emotional symptoms on function, and social development.

Dr. Christopher Holland is an Assistant Professor of Psychology. He received his PhD from Texas Christian University in Experimental Psychology with an emphasis on social psychology and behavioral statistics. Dr. Holland's research topics have included attitudes and beliefs, fundamental motivations, human mate selection, to name a few. Dr. Holland is also interested in expanding into other areas; for example, attitude processes and issues related to the LGBTQ+ community, or the impact of contextual cues on aspects of relationship satisfaction.

Dr. Emily Slonecker is an Assistant Professor of Psychology. She received her PhD in Psychological Science from the University of California, Irvine with a specialization in developmental psychology and quantitative methodology. Dr. Slonecker uses an interdisciplinary, cross-cultural framework to explore how cognitive development and autobiographical memory are related to health and well-being across diverse populations and contexts. By combining developmental theory and basic cognitive research with applied ecological questions, her research aims to introduce equity and inclusivity across multiple levels and domains of the social ecological system.

Dr. Melissa Terlecki is a Professor of Psychology and Chair of the Department. She received her doctoral degree in Cognitive Psychology from Temple University with a specialization in neuroscience. Earlier research interests include spatial ability and mental rotation, experiential factors and gender differences in spatial ability, including computer experience and videogame playing. More recently, Dr. Terlecki has focused her research on the teaching of metacognition and self-awareness. Dr. Terlecki is also Co-Director of the Nerney Leadership Institute (NLI).

Full-time Faculty Contact Information

- **Ruta Clair, PsyD**
Iadarola Center Room 101 D 610.902.8351 ruta.dr.clair@cabrini.edu
- **Christopher Holland, PhD**
Iadarola Center Room 101 C 610.902.1073 ch10770@cabrini.edu
- **Emily Slonecker, PhD**
Iadarola Center Room 101 A 610.902.1074 es7007@cabrini.edu
- **Melissa Terlecki, PhD, Department Chair**
Iadarola Center Room 101 B 610.902.8358 melissa.s.terlecki@cabrini.edu

Part-time Faculty Contact Information

- Bill Dibiase, MS, PhD william.j.dibiase@cabrini.edu
- Marguerite DiMattia, MSED md723@cabrini.edu
- Kim Fogelson Turet, PhD kimlee.fogelson.turet@cabrini.edu
- Julie McNulty, MS jm12004@cabrini.edu
- Carolyn Reilly, MSED carolyn.maureen.reilly@cabrini.edu

Emeriti Faculty

Edna Barenbaum, PhD

Anthony Tomasco, PhD

The Psychology Major

Intended majors should begin by taking PSY 101, Introduction to Psychology. When enrolled, and after completion of one full-time semester (12 or more credits) for first-year students, students must submit a formal application (Declaration of Major Form) to the Department Chair and enroll in PSY 100. All majors must earn “C’s” or better in all required psychology courses. Psychology courses with grades lower than a “C” must be retaken and cannot be used towards requirements for the Major.

Requirements for the Major in Psychology (44 credits)

Psychology Core Courses:

- PSY100 Psychology Major Development^
- PSY101 Introduction to Psychology
- PSY271 Statistics for the Social Sciences I*
- PSY300 Psychology Career Development^
- PSY341 Research Methods I
- PSY342 Research Methods II@
- PSY400 Senior Seminar
- One DEI Bridge#
- One Interdisciplinary Bridge%

Clusters: Must take each **bolded** cluster required course plus additional 9 credits of Psychology electives in any cluster/s:

Biological Cluster

- PSY304 Brain and Behavior**
- PSY223 Essentials of Stress and Coping
- PSY316 Health Psychology#%
- PSY398 Neuroanatomy of Illness, Injury and Trauma%
- PSY401 Laboratory Experiences in Neuropsychology%
- PSY404 Laboratory Experiences in Sensation and Perception

Cognition and Learning Cluster

- PSY403 Laboratory Experiences in Cognition OR**
- PSY402 Laboratory Experiences in Learning**
- PSY201 Metacognition for Leadership
- HPSY301 Psychology of Genius, Creativity and Discovery
- PSY317 Psychological Perspective in Attitudes and Learning#
- PSY330 Children’s Mental Health and Learning#%

Clinical and Professional Cluster

- PSY309 Mental Health and Clinical Psychology**
- PSY266 Industrial/Organizational Psychology#%
- PSY299 Sport Psychology%
- PSY313 Psychological Assessment
- PSY488 Psychology Non-Clinical Internship
- PSY495 Psychology Clinical Internship

Developmental Cluster

- PSY203 Developmental Psychology I**
- PSY200 Explorations in Technology & Human Development
- PSY204 Developmental Psychology II#
- PSY280 Media Influences and Psychological Development#
- PSY345 Understanding Trauma and Social Emotional Learning#

Personality and Sociocultural Cluster

- PSY202 Personality**
- PSY123 Cultural Psychology#
- PSY208 Psychology of Climate Change
- PSY305 Social Psychology#
- PSY358 Psychology of Gender#
- PSY370 African American Psychology#

**Counts towards the Math Literacy core curriculum requirement, #DEI Bridge, @Writing Bridge, %Interdisciplinary Bridge (Bridges cannot double count)
All courses are 3 credits, unless otherwise noted ^ as 1 credit*

Please note: There are other Psychology elective courses in the catalog that vary or are less than 3 credits. Please see catalog for more details.

Recommended Four-Year Course-Planning Guide

YEAR	FALL	SPRING
1	PSY101 (3 CREDITS) CABRINI SUCCESS SEMINAR (1 CREDIT) INTRO. WRITING (4 CREDITS) ELECTIVE (3 CREDITS) CABRINI RELIGIOUS LIT. (3 CREDITS) *ENG100, MAT098, 099 ----- 14+ CREDITS (*IF REQ'D)	PSY100 (1 CREDIT) PSY203 (3 CREDITS) ECG100 (3 CREDITS) HISTORY OF RACISM/ANTI-RACISM (1 CREDIT) PSY CLUSTER ELECTIVE (3 CREDITS) ELECTIVE (3 CREDITS) ----- 15 CREDITS
2	PSY271 (3 CREDITS) PSY202 (3 CREDITS) CULTURAL LIT./AESTHETICS (3 CREDITS) DEI (3 CREDITS) PSY BRIDGE (3 CREDITS) ----- 15 CREDITS	PSY304 (3 CREDITS) PSY309 (3 CREDITS) ECG200 (3 CREDITS) CIVIC LIT. (3 CREDITS) PSY BRIDGE (3 CREDITS) ----- 15 CREDITS
3	PSY341 (3 CREDITS) PSY300 (1 CREDIT) SCIENCE LIT. (3 CREDITS) ECG 300 (3 CREDITS) ETHICS AND COMMON GOOD (3 CREDITS) TECH. LIT. (3 CREDITS) ----- 16 CREDITS	PSY342 (3 CREDITS) PSY CLUSTER ELECTIVE (3 CREDITS) PSY CLUSTER ELECTIVE (3 CREDITS) ELECTIVE (3 CREDITS) ELECTIVE (3 CREDITS) ELECTIVE (3 CREDITS) ----- 18 CREDITS
4	PSY402 or 403 (3 CREDITS) ELECTIVE (3 CREDITS) ELECTIVE (3 CREDITS) ELECTIVE (3 CREDITS) ELECTIVE (3 CREDITS) ----- 15 CREDITS	PSY400 (3 CREDITS) ELECTIVE (3 CREDITS) ELECTIVE (3 CREDITS) ELECTIVE (3 CREDITS) ELECTIVE (3 CREDITS) ----- 15 CREDITS

= 123 CREDITS (REQUIRED FOR GRADUATION)

- Note that core courses cannot hold a PSY prefix (except for PSY271). Bridge courses include writing, interdisciplinary, and DEI studies within the major.
- Courses marked as elective are open but may also satisfy requirements for a second major or a minor/s and are flexible to be taken at varying times.
- Always consult with your advisor when doing your course planning.
- Internships require special department approval from Dr. Clair, Internship Coordinator.

Psychology Minor (18 credits)

The Psychology Department offers a minor program made up of 18 credits of psychology courses (beginning with the PSY prefix), including PSY101. Students must obtain a “C” average in all psychology courses used to fulfill the minor. Transfer students may count up to 9 credits towards the minor. Students wishing more information should consult the department.

Neuroscience Minor (18+ credits)

The Neuroscience minor is an interdisciplinary offering between the Science and Psychology Departments and is open to students of any discipline interested in cutting-edge science and social science research. Laboratory experiences are used in project-based learning, exploring biological underpinnings in psychological phenomena. The Neuroscience minor is 18+ credits but may require pre-requisite coursework. Please note, the Psychology Department requires students to earn a “C” or better in all major and minor courses, while the Science Department requires a “C-“. Please see either Science or Psychology Department Chair/s for more information. Students should begin coursework towards the minor no later than the first semester of their sophomore year. Failing to do so may prevent them from completing the necessary requirements or require students to do coursework during the summer.

Biology or Psychology majors/minors must complete at least two courses (6+ credits) outside their major/minor requirements to earn a Neuroscience minor.

Requirements for the Minor in Neuroscience

Note: Pre-Requisite courses include PSY101 and completing quantitative literacy course(s) for prospective major. Students who minor in Psychology and Neuroscience can only apply one Psychology course or 3 PSY credits towards both minors.

(All courses are 3 credits unless noted)

- BIO 177 (non-science majors) Health & the Human Body, or
BIO 206 (science majors) Cell & Molecular Biology (4 credits)
- PSY 304 Brain & Behavior
- PSY 398 Neuroanatomy of Illness, Injury & Trauma
- BIO 331 Neuroscience

Electives: (any 6 credits)

- BIO 173 Genetics & Heredity
- ESH 230 Introduction to Biomechanics
- PSY 401 Lab Experience in Neuropsychology
- PSY/BIO 466* Independent Undergraduate Research
- PSY/BIO 350 Special Topics in Neuroscience

*cannot be used as experiential learning requirement

Transfer Students

Transfer students wishing to fulfill the psychology major at Cabrini University may transfer in a variety of psychology coursework. Transfer minors must take at least half (9 credits) of 18 credits at Cabrini. Please consult the Department Chair for more information about transferring in coursework.

Psychology Course Descriptions

PSY 100 - Psychology Major Development

This course is designed to expose students to the Psychology major, our curriculum, and potential career paths in the field. Students will engage in an exploration of interests in the subfields of psychology while planning their major course curriculum. Students will formally declare the major, be assigned a psychology advisor, and meet with faculty in the department. Offered spring for first year psychology (intended) majors and fall for transfer and upper-level psychology students. Offered fall and spring. 1 credit, P/F

PSY 101 - Introduction to Psychology

Students are introduced to the scientific study of thinking and human behavior. Special attention is given to the biological, psychological, and social processes underlying diverse individuals within the framework of modern psychological research. Satisfies the Diversity, Equity and Inclusion Bridge area of the major to core curriculum. Offered fall and spring. 3 credits

PSY 104 - Your Brain: A User's Guide

This course is designed for any student who is interested in how the brain creates the human experience and how we can maximize our potential. The course will provide an overview of how we use our brains to interact with the world, perceive information through our senses, remember what we learn, experience emotions, and solve problems. Students will gain a broad understanding of how the brain works and learn practical tips and life hacks through neuroscience. As we explore topics the students will be encouraged to try out brain-based strategies. Offered alternate years. 1 credit

PSY 123 - Cultural Psychology

How does culture influence human behavior? This question is at the heart of cultural psychology, a subfield that examines how cultural impacts both basic and complex psychological processes. In this interactive course, students will critically examine multiple facets of human behavior from a cross-cultural, intercultural, and multicultural perspective. By reviewing and discussing empirical work from multiple disciplines, including psychology, anthropology, sociology, and philosophy, students will learn how cultural psychology can be used to build a more socially just world and develop an interdisciplinary knowledge of key concepts like self-perception, socialization, prejudice, acculturation, and more. Students will also have the opportunity to expand and celebrate their own cultural perspectives while developing strategies to promote equity, inclusion, diversity, and belonging in their life and academic practices. Offered alternate years. 3 credits

PSY 200 - Explorations in Technology and Human Development

This course will explore the increasingly immersive role of technology on the unfolding of human development across the lifespan. Discussion will include an exploration of the impact of technology on areas such as brain

development, cognitive development, social development, memory, self-regulation, attention, and relationships. Hybrid. Offered alternate years. 3 credits

PSY/LEAD 201 - Metacognition for Leadership

Metacognition can be considered “thinking about thinking”, involving self-awareness and reflection. Self-awareness is closely tied to learning, leadership, personal success, and achievement. Individuals may differ in their social, emotional, and cognitive awareness, thus students will explore personal assessments of such and track both formative and summative growth as we learn more about metacognitive theories and practice. Particular attention will be paid to self-awareness as an aspect of leadership, as a requirement for the leadership minor. Offered alternate years. 3 credits

PSY 202 - Personality Theories

The major theorists who have sought to answer the controversial questions concerning human personality are encountered in a comprehensive manner. Students are encouraged to develop the ability to critique these theorists through guided exercises in self-analysis. Some theoretical approaches studied include psychoanalytic, behavioral, humanistic, and cognitive. Prerequisite: PSY 101. Offered fall and spring. 3 credits

PSY 203 - Developmental Psychology I

Students examine the development of the human being through conception, birth, infancy, early childhood, elementary school age, and early adolescence. Major theories of human development are explored. Topics for discussion include critical developmental and controversial issues. Prerequisite: PSY 101. Offered fall and spring. 3 credits

PSY 204 - Developmental Psychology II

This course addresses the effect of age on psychological processes of the individual from adolescence through the adult life span. Topics to be covered include language, cognition, perception, motor control and social relations, providing a comprehensive background for students to understand the impact of aging in the daily lives of individuals - from the workplace and family to public policy matters. Satisfies the Diversity, Equity and Inclusion Bridge area of the major to core curriculum. Prerequisite: PSY 101 and Co-requisite: PSY 203. Offered alternate years. 3 credits

PSY 208 – Psychology of Climate Change

Climate change is predicted to become one of, if not the biggest, problem humans face moving into the late 21st century. Anthropogenic climate change is accepted as the primary type of change by a vast majority of those who research climate change. Humans stand at the center of this, whether being the cause of, experiencing the consequences of, and/or helping resolve this drastic change to our planet. Human behavior and psychology are a necessary component of any attempt to understand and successfully navigate the changing world. This course takes human psychology as central to questions of climate change and will cover, in an interdisciplinary fashion, subfields of psychology such as social, evolutionary, cognitive, motivation, positive, psychopathology, and lifespan/development. Psychological findings will be used to understand different aspects of climate change such as short-term gain, out-group vs. in-group behavior, responses to stress and threats, mental health, political beliefs, and human evolution. Prerequisite: PSY 101. Offered alternate years. 3 credits

PSY 223 - Essentials of Stress and Coping

This course will consider the concept of stress in both evolutionary and modern contexts as well as from both biological and psychological perspectives. The power of the mind as well as the power of our behavior to

influence the stress response will be explored throughout the semester. The course will include a discussion of prominent theories such as those of Cannon, Selye and Lazarus; key concepts such as appraisal, resilience, and allostatic load; relevant biological processes and health considerations; and a range of psychological and behavioral strategies found to be helpful in the management of stress. Students will have the opportunity to consider their own approaches to dealing with stress and perhaps add a few strategies to their stress management tool-boxes as the semester progresses. Hybrid. Offered alternate years. 3 credits

PSY 266 - Industrial/Organizational Psychology

This course is designed to further students' understanding of ways psychological theories, concepts, and research are applied in the "real-world". Students learn about the application of psychology to workplace, business, and industry. Special attention is given to organizational behavior, motivation, job satisfaction, leadership and leadership styles, morality/ethics, and I/O Psychology research methods. Students will also learn about personnel selection, training, and evaluation. Satisfies the Diversity, Equity and Inclusion or Interdisciplinary Bridge area of the major to core curriculum. Offered alternate years. 3 credits.

PSY/NUR 270 - Human Growth and Lifespan Development

This course is designed for health science students, particularly nursing students. The course will provide a study of human development across the lifespan, from birth to death, with an introduction to physical, cognitive, social, and emotional growth. There will be an emphasis on biopsychosocial development and physiological growth. Students will also gain an understanding of family and social/cultural/community factors that intersect with and influence aspects of human growth. Students will draw connections between the material presented and challenges in health care. Nursing students have priority enrollment in this course, as it is a program requirement. Prerequisite: PSY 101. Offered once a year. 3 credits

PSY 271 - Statistics for the Social Sciences I

This is a computer-intensive course that instructs students in the use of descriptive and inferential statistics commonly used in the social and behavioral sciences. Topics include measures of central tendency, variability, graphing techniques, probability, hypotheses testing, and t-tests. Students are required to create a portfolio of statistical analyses to demonstrate their competence in the use of a variety of descriptive and inferential techniques using various statistical packages. This course is a required for all psychology majors and counts towards the Math Literacy core curriculum requirement. Prerequisite: psychology majors only. MAT 098, and/or 099 if necessary based on placement. Offered fall and alternate spring. 3 credits

PSY 280 - Media Influences and Psychological Development

This course examines media influences on children and adolescents. The importance of the media in lives of children and adolescents and the unique vulnerabilities present at each developmental stage will be discussed. Students will learn about the different theoretical approaches to the study of media influences and review current research on both content and consequences of media portrayals for today's youth. Readings and discussion will focus on media portrayals of violence, race, gender, beauty, and how they affect children's attitudes about themselves and others. Special emphasis is placed on identifying strategies and programs that can weaken media effects. Satisfies the Diversity, Equity and Inclusion Bridge area of the major to core curriculum. Offered alternate years. 3 credits

PSY 299 - Sport Psychology

This course explores material and subject matter that focuses on enhancing athletic and training accomplishments. Emphasis is on the description of relevant psychological techniques that have proven to augment readiness and improve performance in exercise and sport settings. Readings and discussions will

include the history of sport psychology, stress and sports, personality variables, team dynamics, youth sports, gender and cultural considerations in sports, the psychology of coaching, the psychology of sport injuries and rehabilitation and performance enhancements. Satisfies the Interdisciplinary Bridge area of the major to core curriculum. Offered alternate years. 3 credits

PSY 300 - Psychology Career Development

This course is designed to guide upper-level majors in their plans after obtaining their undergraduate degrees in psychology. Students will engage in graduate school or applied career planning (including resume' building, interviewing skills, and professional writing). Students will attend career and professional development sessions, construct personal statements and goals, and explore career paths more succinctly. Offered fall and spring for junior year psychology majors. 1 credit, P/F

H-PSY 301 - Honors Psychology: Psychology of Genius, Creativity, and Discovery

This course examines genius, creativity and discovery in the fields of science, art, and music from a psychological perspective. Readings from the empirical research literature, as well as biographical and autobiographical materials will be studied. Prerequisite: honors students only. Offered alternate years. 3 credits

PSY 304 - Brain and Behavior

This course will introduce students to the field of cognitive neuroscience. Special attention is given to an examination of neuroanatomy and selected brain-behavior relationships. The course has a strong biological emphasis and examines brain functions and behavior. We will cover topics such as the nervous system, the senses, emotions, drugs and addiction, and sleep. Prerequisite: PSY 101. Offered fall and spring. 3 credits

PSY 305 - Social Psychology

Students examine the impact of society and culture on the individual's emotions, thought processes, motives, and behavior. Research findings are presented in relationship to major theoretical approaches. In special cases and with the approval of the Department Chair, students may substitute SOC 305 for PSY 305. Satisfies the Diversity, Equity and Inclusion Bridge area of the major to core curriculum. Prerequisite: PSY 101 or SOC 215. Offered fall and spring. 3 credits

PSY 309 – Mental Health and Clinical Psychology (formerly Abnormal Psychology)

This course reviews diverse behavior patterns and disorders including anxiety reactions, psychoses, personality disorders, organic syndromes, and drug abuse. Emphasis is on contemporary and theoretical points of view as they relate to etiology, dynamics, and treatment. Prerequisite: PSY 101. Offered fall and spring. 3 credits

PSY 313 - Psychological Assessment

Principles of psychological assessment will be discussed as employed in school, clinical, and applied settings. This course surveys intelligence, personality, career, aptitude, and achievement tests and reviews alternative methods of assessing competence. Psychometric concepts such as validity, reliability, norms, and score interpretation will be applied to different types of tests. Contemporary issues such as the validity of instruments for diverse populations and the impact of technology on assessment are discussed. Prerequisite: PSY 101. Offered alternate years. 3 credits

PSY 316 - Health Psychology

This course is an introduction to health psychology and will explore the social, psychological and behavioral consequences for health and well-being, including a focus on fitness and exercise psychology. In addition, students will explore the intersection between health behavior and healthcare. Satisfies the Diversity, Equity and Inclusion or Interdisciplinary Bridge area of the major to core curriculum. Offered alternate years. 3 credits

PSY 317- Psychological Perspectives of Attitudes and Learning

This course explores the way in which attitudes shape our educational experiences. Students will explore the way this effect on learning impacts our contemporary society as well as their own lives. Satisfies the Diversity, Equity and Inclusion Bridge area of the major to core curriculum. Prerequisite: PSY 101. Offered alternate years. 3 credits

PSY 330 – Children’s Mental Health and Learning

This course offers a developmental approach to children’s mental health, behavior, and learning in school. Students will study psychopathology and will explore diagnosis and treatment. This course will focus on the effects of mental health on children’s functioning in school as well as treatment modalities that occur within schools and in mental health settings. Cultural diversity is addressed in the study of children and families in the school setting. Satisfies the Diversity, Equity and Inclusion or Interdisciplinary Bridge area of the major to core curriculum. Prerequisite: PSY 203 or SPE 110. Offered alternate years. 3 credits

PSY 341 - Research Methods I

Students are introduced to research procedures in the behavioral and social sciences. Topics discussed in the first semester include using reference resources, writing literature reviews, reliability, validity of measurement, writing research proposals, and the validity of research designs. Heavy emphasis is given to related computer applications and the development of a student- authored research proposal. Prerequisites: PSY 271 and Co-Requisite: PSY 272. Offered fall. 3 credits

PSY 342 - Research Methods II

Second semester topics include univariate and multivariate statistical analyses as they relate to the preparation and interpretation of quantitative research data and the preparation of research reports for journal presentation. Heavy emphasis is given to related computer applications, report writing and the completion of a student-authored research study. Satisfies the Writing Literacy Bridge area of the major to core curriculum. Prerequisites: PSY 271 and 272, and Co-requisite: PSY 341. Offered spring. 3 credits

PSY 345 - Understanding Trauma and Social Emotional Learning

This course will take an in-depth look at the impact of trauma on an individual’s personality and potential for successful learning. The cycle of intergenerational trauma will be considered. Additionally, the process of social-emotional learning and the impact it has on a learner will be studied. We will also delve into the relationship between trauma and biology. Research from the ACES study, The Aspen Institute, SAMSHA, and CASEL will be used to guide this course. Students will emerge with a greater understanding of the impact of trauma in development and the sociocultural setting. Satisfies the Diversity, Equity and Inclusion Bridge area of the major to core curriculum. Prerequisites: PSY 101 and PSY 203 or SPE 110. Offered alternate years. 3 credits

PSY 358 - Psychology of Gender

This course explores the relationship between sex and gender, and people's thoughts, feelings and behavior. It provides an examination of different theoretical approaches to the study of gender and reviews current research on gender differences. Both biological and socialization influences are considered as potential determinants of gender roles. Discussion also centers on how our society's gender roles impact various dimensions of human life. Special emphasis is placed on the significance of other social identities (i.e., race/ethnicity, class, religion, etc.) in the discussion of gender. Satisfies the Diversity, Equity and Inclusion Bridge area of the major to core curriculum. Offered alternate years. 3 credits

PSY 370 - African American Psychology

This course examines the psychological experiences of African Americans, incorporating information from multiple subfields of psychology (e.g., social, developmental, counseling and clinical, health). Students will review theoretical perspectives and empirical research on various issues, including self and identity, family, community, peers, educational experiences, mental health, and the effects of racism, classism, and sexism. We will discuss contextual and cultural factors that influence the psychological well-being of African Americans, examining both historical and contemporary issues along with the coping strategies that developed as a result of their socio-historical conditions. Satisfies the Diversity, Equity and Inclusion Bridge area of the major to core curriculum. Offered alternate years. 3 credits

PSY 398 - Neuroanatomy of Injury, Illness, and Trauma

This course will provide students with an overview of the neuroanatomical structures related to brain injury, illness, and trauma in pediatric and adult populations. Special attention is given to an examination of functional neuroanatomy and how the nervous system functions under normal conditions and under conditions of injury/disease. This course will also incorporate a biopsychosocial perspective in our exploration of the impact of neurologic conditions on the individual, family, and community. This course is appropriate for both the serious psychology student and biology student interested in brain function and disease processes. Satisfies the Interdisciplinary Bridge area of the major to core curriculum. Prerequisite: PSY 304 or BIO 206 or BIO 230. Offered alternate years. 3 credits

PSY 400 - Senior Seminar in Psychology

This course serves as the capstone experience for the psychology major. It covers a range of contemporary, controversial topics that students will apply accumulated psychological theoretical and research knowledge in psychology to. The course will also explore connections between psychology and social justice. Students will build critical thinking, debating, and public speaking skills. Students will disseminate their psychological arguments to raise awareness around these issues. Prerequisite: psychology seniors only. Offered spring. 3 credits

BIO/PSY 401 - Laboratory Experiences in Neuropsychology

This course introduces students to the field of neuropsychology. Emphasis will be given to an examination of selected brain-behavior relationships and neuroanatomical correlates of cognitive and behavioral dysfunction. Laboratory activities will supplement lecture and discussion. Satisfies the Interdisciplinary Bridge area of the major to core curriculum. Prerequisite: PSY 304. Offered alternate years. 3 credits

PSY 402 - Laboratory Experiences in Learning

This course introduces students to the basic principles of learning within the context of classical and operant conditioning theories. Research and clinical applications are used to frame the applied aspects of learning in

real-world environments. Laboratory activities will supplement lecture and discussion. Prerequisite: PSY 341. Offered alternate years. 3 credits

PSY 403 - Laboratory Experiences in Cognition

Students are introduced to the experimental analysis of human cognition. Lecture and laboratory assignments relating to perception, memory, language and problem solving will in part define the area of study for this course. Students will engage in replicating seminal cognitive research studies, oral presentation, and scientific writing. Prerequisite: PSY 341. Offered once a year. 3 credits

PSY 404 - Laboratory Experiences in Sensation and Perception

This course focuses on the physiological aspects of our senses. Sensation and perception provides the basis for understanding our thinking and behavior in an ever-changing world. Lecture is complemented by online demonstrations and experiments. The classroom environment will be interactive and students will engage in classroom discussion and participation. Prerequisite: PSY 304. Offered alternate years. 3 credits

R-PSY 466 - Undergraduate Research and/or Honors Practicum

Undergraduate research offers an independent but directed collaborative course of study involving a specific research agenda in the discipline under departmental faculty mentorship. Research projects typically require a review of the literature, a paper developing and defending a hypothesis, and a poster or an oral presentation of the completed research project. Honors Practicum offers an independent but directed course of study leading to the completion and presentation of undergraduate research. Students select projects of interest, typically already underway, involving empirical research under supervision of a department faculty liaison. Projects typically require a comprehensive report written in APA style and suitable for publication and/or presentation at a local or regional conference. Prerequisite: Department approval and PSY 341, 342. Offered as needed. Variable credit; repeatable for credit

PSY490 – Special Topics in Psychology

This course investigates a wide variety of specialized topics in the field of psychology. The instructor selects content of this upper-division course, keeping in mind the needs of the students and providing experimental coursework at an advanced level. Offered as required. 3 credits

PSY 495 – Psychology Internship

Psychology internship experiences are offered to upper-division psychology majors in both clinical and non-clinical sites who meet prerequisite professional skill requirements as determined by Psychology Department faculty. Students should anticipate spending at least one full day per week during the semester at their designated field site for each three-credit experience. In addition, all interns must complete reflection assignments and a case study, as well as meet with their Cabrini internship supervisor. Prerequisite: Department approval. Offered fall and spring. Variable credit; repeatable for credit

PSY 499 - Independent Study

This course offers independent but directed course of study dealing with topics not usually found in the curriculum. Before registration, students must submit a comprehensive plan detailing the course of study and outcomes they wish to achieve. Prerequisite: approval of instructor, Department Chair, and Dean for Academic Affairs. Fee. Offered as needed. Variable credit; 3 credits maximum

Clubs and Organizations

Psi Chi – International Honors Society in Psychology

Psi Chi is an international honor society with the purpose to advance the science of psychology and to stimulate and encourage scholarship in all fields, especially psychology.

To apply for candidacy in the organization, students must be a Psychology Major or Minor, have completed a minimum of 9 credits in Psychology, have to have completed 3 semesters in college (including at least 9 credits at Cabrini University), and have a cumulative overall GPA of 3.3 and Major GPA of 3.4 or higher (which represents the top third of the class). A one-time, lifetime membership fee of \$55 required to join. Officers are elected to serve. See Psi Chi Advisor, Dr. Chris Holland, for more information.

Honors in the Major is achieved through acceptance into Psi Chi and completion of the Honors Research Practicum (R-PSY 466). Students also expected to present or publish their research. Please see the Department Chair to apply.

The **Psychology Department Award** is presented each spring to a graduating senior, considering GPA and service to the Department.

Psychology Club

The Psychology Club allows students to connect to the world of psychology outside of the classroom. All students are welcome to join the Psychology Club and participate in the club's events. The club hosts events which include trips, symposia, and movie nights to discuss the day-to-day implications of psychology in our lives. The Psychology Club and Psi Chi often sponsor events together. Officers are elected to serve. See Psychology Club Advisor, Dr. Emily Slonecker, for more information.

Affiliation Agreements

The following are the programs with which Cabrini has entered into affiliation agreements:

Occupational Therapy (MSOT) - *Gwynedd Mercy University*

Cabrini University and Gwynedd Mercy University have an articulation agreement that facilitates the matriculation of qualified Cabrini students into the Master's in Occupational Therapy program at Gwynedd Mercy University. As part of this agreement Gwynedd Mercy will guarantee an interview for the top three MSOT applicants from Cabrini University who meet the admissions criteria each year.

The list of admission pre-requisites (as listed on the Gwynedd Mercy website) for the MSOT program are:

- Anatomy and Physiology I & II (with a laboratory component): 8 credits
- General Psychology: 3 credits
- Abnormal Psychology: 3 credits
- Developmental (Lifespan) Psychology: 3 credits
- Sociology/Anthropology: 3 credits
- Statistics/Research Methods: 3 credits

Students may pursue any undergraduate major at Cabrini University as long as they take these pre-requisite courses.

Mental Health Counseling (MS) - *Philadelphia College of Osteopathic Medicine (PCOM)*

Cabrini University and PCOM have an articulation agreement that facilitates the matriculation of qualified Cabrini students into PCOM's Master's program in Mental Health Counseling. As part of this agreement, PCOM will admit up to five Cabrini students per year provided the students have successfully completed their undergraduate pre-requisites and satisfied the admission criteria. These criteria are as follows:

- The candidate must complete the undergraduate course requirements for their Cabrini degree
- The candidate must have earned a minimum 3.20 cumulative grade point average by the end of their junior year
- Cabrini students would need to major in Psychology, Education, Social Work, or Nursing. For those students not majoring in Psychology, the following courses should be taken:
 - Introduction to Psychology
 - Research/Statistics
 - Abnormal Psychology/Psychopathology

Additional Information

Although entrance requirements vary from one professional school to another, there are three general requirements requested by these schools that will enhance the strength of student applications:

1. strong academic success in required courses
2. a strong background in liberal arts education
3. and involvement in a variety of related professional and social activities

Cabrini University with its strong Psychology curriculum helps provide students with an excellent preparation for achieving their career goals in these fields.

All questions regarding these affiliated programs should be directed to Dr. Missy Terlecki (email: mst723@cabrini.edu) at Cabrini University rather than contacting the professional program directly.

More about Psychology – Frequently Asked Questions

What if I want to combine Psychology with a program from another department such as a second Major or a Minor?

We strongly support your gaining academic credentials in more than one area. In fact, some Psychology Majors have earned two or more degrees (BA, BS, BSW) while at Cabrini University. However, you must make a commitment to academic excellence from the beginning of your academic career if you are to succeed in the double major. It is not recommended for students who do not have a solid “B” average.

Some of the programs that may be attractive to our students as second majors include:

- Biology
- Business
- Communications
- Criminology
- Elementary & Early Childhood Education
- History/Political Science
- Human Resource
- Management Special Education
- Philosophy
- Religion
- Religion
- Science
- Social Work
- Sociology

It is important to note that when you elect a second major, you will in most instances need to complete all the requirements as defined by both departments. There are some exceptions when courses within programs have redundant or similar requirements. In those instances, we will work with the second department to help reduce this overlap. Students should consult the Cabrini University catalog and term master schedules as well as their academic advisor/s for information regarding double majors and minors.

What organizations may I join?

The Psychology Department sponsors two organizations, the Psychology Club and Psi Chi. The Psychology Club is open to all students, while Psi Chi has GPA requirements as an Honor Society. Please contact organization Officers or Club Advisors for more information or to join. See descriptions under Clubs and Organizations.

Does the Psychology Department have an Honors Program?

Psychology Majors who meet the department requirements for honors will graduate with honors in psychology: (1) membership in the Psi Chi Honor Society; (2) a minimum overall GPA of 3.3; (3) a minimum cumulative GPA of 3.4 in all Psychology courses taken at Cabrini University; and (4) successful completion H-PSY 466, the Honors Research Practicum.

What is the role of Student Research at Cabrini and in the graduate school acceptance process?

Research is a major component in the undergraduate Psychology curriculum at Cabrini University. Many of our core courses require some form of research activity. The focal point for most research projects is the Research Methods courses (PSY 341 and 342). Students present their work at the annual Cabrini Arts, Research, and Scholarship Symposium in the spring.

The Cabrini Psi Chi Chapter may also publish a student research journal. Senior psychology students submit papers that go through an editing process. The journal is published in May and consists of APA style research papers that students have written in their junior and/or senior years. Often, these papers come from the Research Methods course. Likewise, publication in the Journal for the Cabrini Arts, Research and Scholarship Symposium may be sought.

Upon recommendation by the department faculty, students may submit research papers to local and national conferences held by the PPA, EPA, or APA (to name a few). These presentations are considered professional and make valuable additions to your resume'.

We have been very successful in having our students' research accepted at conferences. It makes a major difference in your graduate school application if you have made a presentation at a scholarly conference. Students who elect some form of presentation of their research should register for the Independent Research course (PSY-R 466) with department faculty before the first semester of their senior year.

What can I do with a degree in Psychology?

In order to qualify for a career as a psychologist, one must often earn an advanced graduate degree — MA/MS, PhD/PsyD. Career information in the field of psychology is abundant. The Psychology Department sponsors several activities each year for students wishing to learn more about career opportunities. PSY 300 is a course that specifically covers this information.

In addition, students should take advantage of the services provided by the Center for Career and Professional Development and the department faculty. The Psychology Department's website is another good source for career information (www.cabrini.edu/psychology).

The American Psychological Association's (APA) website provides a wealth of information for and about Psychology, psychologists, and Psychology students. The APA website (www.apa.org) should be bookmarked on your browser's favorites list.

To be well-prepared upon graduation, one should focus on career planning and development throughout the entire Cabrini experience. Cabrini students are able to explore a variety of career options, thereby enhancing career decision-making capabilities. The Bachelor of Science (BS) degree especially prepares students for advanced degrees following graduation.

Participation in on-campus activities is recommended as well as pursuing career related-employment. Career experience opportunities enable students to gather information about specific careers by meeting or speaking

with Cabrini alumni employed in such professions. Internships within the major are especially valuable experiences geared to exposing students to work in the field.

For more information, visit www.apa.org/careers/resources/guides/careers.aspx.

Important Note: Contents of this manual are for general informational purposes and may change upon discretion of the Psychology Department.

For all academic matters of importance, students should consult directly with their department advisor or Department Chair.

This handbook is also available online at www.cabrini.edu/Psychology .