

# LEARN

## PUBLIC HEALTH AT CABRINI



Explore the science of protecting and improving the health of families and communities with a major or minor in **Public Health**, offered in the Health and Exercise Sciences Department, part of the fast-growing healthcare occupations, which are projected to increase by 19 percent in the next 10 years, according to the U.S. Bureau of Labor Statistics.

Public health professionals strive to protect the health of entire populations through preventative measures—they promote healthy lifestyles, research disease and injury prevention, and detect and control infectious diseases. Public health professionals implement educational programs, recommend policies, administer services, and conduct research, while also working toward improving healthcare equity, quality, and accessibility.

The major has been designed to meet the learning outcomes of a national-level accrediting body and has significant coursework toward student preparation for the National Commission for Health Education Credentialing's CHES® exam.

Students completing the major will be prepared to apply to graduate programs, such as those leading to a Master of Public Health (MPH) certification. Students will be equally ready to enter the workforce, with job prospects in public and community health, health management or administration, health education, medicine, health programming, epidemiology, or other types of health-related research.

### RELATED CLUB AND AFFILIATION

- National Wellness Institute Student Chapter

### AFFILIATED PROGRAMS

Incoming students in the **Public Health** track may be eligible to apply to:

- 4+2 Master of Science in Occupational Therapy at Gwynedd Mercy University
- 4+2 Master of Public Health at Gwynedd Mercy University

### CURRICULUM

The following list is a sample of the required courses Public Health majors take.

#### BIO 101

Biological Science I

#### BIO 353

Environmental Health

#### ESH 220

Health Promotion and Disease Prevention

#### PBH 101, 201, and 301

Health Professions Seminar

#### PBH 218

Introduction to Statistics and Research in Public Health

#### PBH 220

Communication for Health Care Professionals

#### PBH 270

Introduction to Public Health

#### PBH 320

Health Systems Organization

#### PBH 360

Health Programming and Education

#### PBH 370

Epidemiology

#### PBH 400

Senior Capstone

#### PBH 488

Internship

#### PBH 470

Global Health Issues

#### POL 325

Introduction to Political Science

#### SOC 215

Introduction to Sociology

### DEPARTMENT CHAIR

Anjuli Gairola, PhD

### EXPLORE MORE

[cabrini.edu/publichealth](http://cabrini.edu/publichealth)

### CONTACT US

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UNIVERSITY