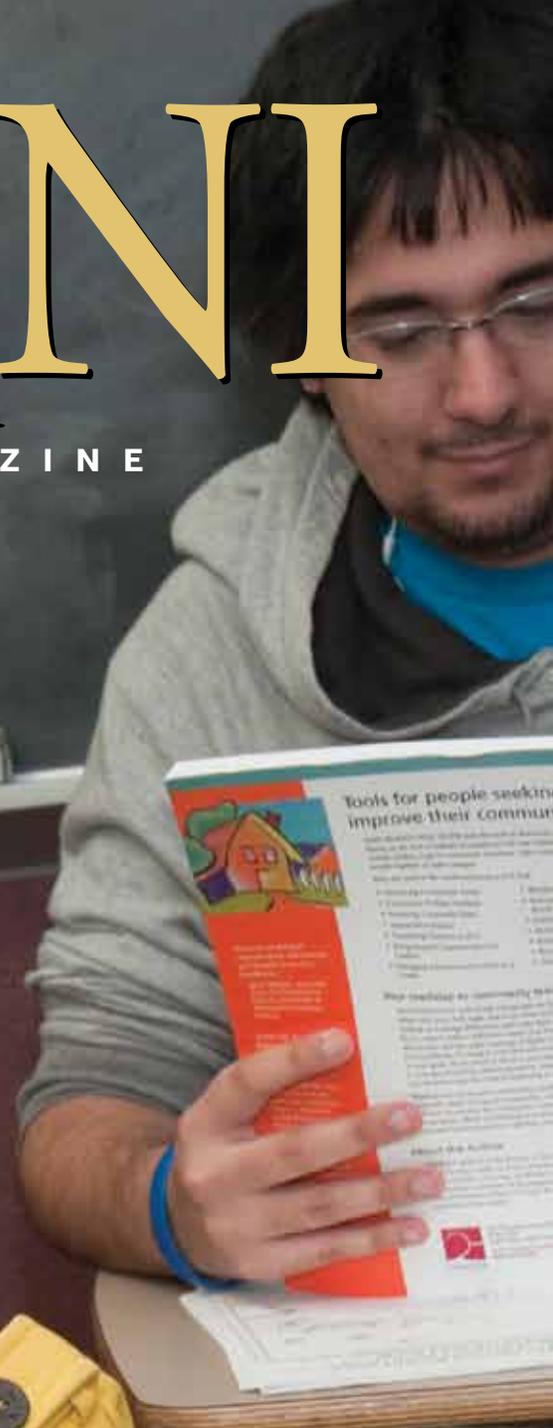


SPRING 2011 • VOLUME 08 • NUMBER 01

# CARRINI

MAGAZINE



**WORDS TO LIVE  
(& LEARN) BY ...**

**PAGE 16**

# CALENDAR OF EVENTS

## Graphic Design Senior Exhibition

April 15 – August 19

Grace and Joseph Gorevin Fine Arts Gallery,  
2nd Floor, Holy Spirit Library

The annual exhibition marks the culmination of a graphic design student's career at Cabrini College. Artists: Brielle Berenato, Brian Birdsall, Nicholas Luisi, Krista O'Connell, James Reid, and Ashley Vanacore. *Admission is free. Details at [www.cabrini.edu/fineartscalendar](http://www.cabrini.edu/fineartscalendar)*

## Fifth Annual Undergraduate Arts, Research, and Scholarship Symposium • April 28

Poster sessions, oral presentations, and performances showcase the scholarly and creative accomplishments of Cabrini undergraduate students. *Details at [www.cabrini.edu/symposium](http://www.cabrini.edu/symposium)*

## Cabrini Contemporary Dance Company Performance • April 30

8 p.m. | Grace Hall Atrium

The Cabrini Contemporary Dance Company performs a variety of dance styles choreographed by Artistic Director Renee Banson, Company

Manager Alyssa Frieze '10, student dancers and special guests. *Admission is free. Information: [www.cabrini.edu/fineartscalendar](http://www.cabrini.edu/fineartscalendar)*

## Spring Choral Concert • May 1

3 p.m. | Grace Hall Atrium

Cabrini's student chorus, under the direction of Adeline Bethany, Ed.D., perform selections from opera, big band, and Broadway. *Admission is free. Information: [www.cabrini.edu/fineartscalendar](http://www.cabrini.edu/fineartscalendar)*

## Undergraduate Admissions Information

Session • May 14

10 a.m. – 1 p.m.

Prospective first-year and transfer students are invited to meet admissions counselors and tour the campus. *For more information: visit [www.cabrini.edu/visit](http://www.cabrini.edu/visit) or call 610-902-8552.*

## Commencement Mass • May 14

4 p.m.

Cavalier Athletic Field

*Details at [www.cabrini.edu/commencement](http://www.cabrini.edu/commencement)*

## Commencement • May 15

10 a.m., Undergraduate Ceremony

3:30 p.m., Graduate Ceremony

Cavalier Athletic Field

*For more information, see pg. 4 or visit*

*[www.cabrini.edu/commencement](http://www.cabrini.edu/commencement)*

## Alumni Weekend • June 3-4

*For details and to register, visit [www.cabrini.edu/alumniweekend](http://www.cabrini.edu/alumniweekend) or call 610-902-8212.*

## Graduate Programs Open House • June 9

6 p.m.

Cabrini offers a Master of Education, a Master of Science in Organization Leadership, and several teacher certifications. *To register or to schedule an appointment, visit [www.cabrini.edu/gps](http://www.cabrini.edu/gps) or call 610-902-8500.*

Events subject to change.

For more information about upcoming events, visit [www.cabrini.edu/calendar](http://www.cabrini.edu/calendar)

# 22nd Annual Cabrini Classic Dinner & Auction

Honoring Edith Robb Dixon HON'80

Monday, May 23, 2011

Waynesborough Country Club  
Paoli, Pennsylvania, 19301

9 a.m. Registration begins

11 a.m. Shotgun Start

4:30 p.m. Cocktail Hour & Silent Auction

6 p.m. Dinner & Live Auction

*Auction Emcee – Don Tollefson*

*Proceeds benefit student financial aid.*

For more information, contact Donna Potts G'04  
at [dpotts@cabrini.edu](mailto:dpotts@cabrini.edu) or 610-902-8214.



Edith Robb Dixon



Stephen Balshi threw out the first pitch at the 2010 Cabrini Night at the Phillies.

## Auction items include:

- A luxury suite for 16 at Citizens Bank Park during a Philadelphia Phillies game
- Throwing out the first pitch at Cabrini Night at the Phillies on September 16, 2011, a VIP tour and four seats on the baseline
- Golf at Carnegie Abbey Club, a private sporting estate located on Narragansett Bay in Portsmouth, R.I.
- Swim with the Sharks Adventure at Camden Aquarium, N.J.
- Four-hour Horse & Carriage Ride

To register and browse auction items, visit: [www.cabriniclassic.com](http://www.cabriniclassic.com)

CABRINI Magazine is published three times a year by the Marketing and Communications Office at Cabrini College.

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**On the cover:** English major Anie Jamgochian '14 is a member of the Voices of Justice Living and Learning Community.

# MAGAZINE CABRINI

SPRING 2011 • VOLUME 08 • NUMBER 01

## Contents SPRING 2011



### Cover Story

#### 16 Words to Live (and Learn) By...

*By Richard Bader*

Living and Learning Communities provide unique opportunities for students to engage deeply in a shared theme, develop relationships with peers and faculty, and ease the transition to college.

### Features

#### 10 Yellow Ribbon Program Opens Classroom Doors for Veterans

*By Amy Biemiller*

With the number of veterans enrolled at the College increasing since the Post-9/11 GI Bill and the Yellow Ribbon Program, Cabrini is doing its part to support these students as they transition from military life to college life.

#### 24 Alumni Profile: Finding Synergy

*By Kristen Hampton*

Married alumni Tony Ciro '83 and Diane Corallo '83 have woven into their professions their love of people.



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*By Sara Maggitti, Psy.D.*

Counseling and Psychological Services Adapts to Changing Needs of Students

# Cabrini FEEDBACK

Please send your comments and opinions to: Cabrini Magazine c/o Marketing and Communications Office, Cabrini College, 610 King of Prussia Road, Radnor, PA 19087-3698; email [editor@cabrini.edu](mailto:editor@cabrini.edu); or visit [www.cabrini.edu/magazine](http://www.cabrini.edu/magazine) and click on "Contact Us." Letters become the property of Cabrini College and may be edited for length and clarity.

## To the editor:

Thank you for the opportunity to share my ideas regarding *Cabrini Magazine*. I would ask you to consider the following for a future issue: what Cabrini is doing to implement *Ex Corde Ecclesiae*. I know in my time on the Cabrini Strategic Planning Steering Committee, as the lone alumni member, this always was a major focus of ours.

Again, thank you for listening. I am a proud 2006 Cabrini graduate with a Master of Science in Organization Leadership.

May God bless you and your work in His name.

James J. Tinneney G'06

## Editor's note:

Thank you for your suggestions of items you'd like to see in future issues of *Cabrini Magazine*. Readership of the *Magazine* is quite diverse—including current students and their families, prospective students and their families, and other friends of the College—but the more than 12,000 Cabrini alumni comprise the single largest constituency by far.

Your mention of *Ex Corde Ecclesiae* is especially timely since the U.S. Conference of Catholic Bishops in January outlined plans for a series of discussions across the country among bishops and presidents of Roman Catholic colleges and universities to review the impact of this Vatican document that called on the colleges to stay true to church teachings and their religious role.

*Ex Corde* was discussed at the annual meeting of the Association of Catholic Colleges and Universities, and President George alludes to the conversation in her Message from the President on page 3.



## Remembering Ray Ewing

A very sincere thank you on the beautiful article "A Life Well-Lived," honoring the life of my son, Ray Ewing. Ray's years at Cabrini were some of the happiest in his life. I can still remember that day when he and his twin brother, Sam, both got their acceptance letters, meaning they would join their older brother at Cabrini. As the article stated, both Ray and Joe met their future wives at Cabrini. Many of the Cabrini alumni are lifetime friends who have helped our family get through these difficult months. Ray would have been amazed and honored that he was memorialized in *Cabrini Magazine*. We are so very proud of the many lives Ray touched and very much appreciate your including his story in your magazine.

Kathy Ewing  
Mother of Ray Ewing '95

Congrats on another beautiful issue of *Cabrini Magazine*! You and your staff do such a wonderful job and it is much appreciated. Special thanks for including photos from Camp Kismet and my friend Eboni's wedding!

And the tribute to Ray Ewing '95 is so thoughtful. His wife Maura was my classmate and it was so nice to see photos of her, Ray, and their kids in the magazine. Thank you for honoring such a great alum.

Hollie Havens '98

I happened to be paging through *Cabrini Magazine* and saw the article on Ray Ewing. Our women's lacrosse team did an Ugly Christmas Sweater Dance to raise money for Maura Ewing and the girls. I was contacted by some of Maura's classmates about her loss and was moved to have our team do something. Maura had played one year for me when we started the program 15 years ago.

The dance was a huge hit, the students had a blast and we will be mailing a check to Maura, along with a shirt and a copy of our upcoming season schedule. The funny thing is when I spoke with Jennifer Wiedewax Burns '07, one of Maura's classmates, she told me Ray would have loved our theme for the dance.

Jackie Neary  
Head Coach, Women's Lacrosse and Field Hockey

## The Power of Your Gift is Extraordinary



HELP OUR STUDENTS SUCCEED.  
MAKE A GIFT BEFORE JUNE 30.

Cabrini Fund Goal: \$400,000  
Commitments (as of Feb. 28, 2011): \$238,000

[www.cabrini.edu/giving](http://www.cabrini.edu/giving)  
610-902-8226



# Message from the President

**GO CAVS!** Perhaps readers expect a more sedate opening for the President's Message... but I just can't help myself!

For only the second time in Cabrini College history, the men's basketball team advanced to the "Sweet 16" of the Division III NCAA tournament. The Cavaliers earned the "Sweet 16" berth in a come-from-behind victory, their 28th consecutive win on the home court at the Nerney Field House. Now, that's doing something extraordinary!

The march to the "Sweet 16" was a culmination of all the hard work and dedication of student-athletes, coaches, trainers and team staff, fans, and alumni supporters. See page 15 for details on the Cavaliers' extraordinary season.

Four years ago, Cabrini College set out to rededicate itself as a "community of learning" through the establishment of small, focused Living and Learning Communities (LLCs) to engage first-year students as soon as they arrive on campus.

LLCs certainly ease the transition from high school to college, but they do so much more. Such communities—for both residents and commuters—engage students through their own interests and introduce them early on to the College's core values of Respect, Community, Vision, and Dedication to Excellence.

According to the Washington Center for Improving Quality of Undergraduate Education, "... learning communities have been shown to increase student retention and academic achievement, increase student involvement and motivation, improve students' time to degree completion, and enhance student intellectual development."

Initially funded by a five-year \$2 million federal grant, LLC offerings at Cabrini College have grown from two in 2007-08 to three the next year to six in 2009-10, and next year seven LLCs will be available to accommodate approximately 130 first-year students—nearly a third of the incoming class.

A story beginning on page 16 explores this exciting opportunity for greater student engagement.

At the 2011 annual meeting of the Association of Catholic Colleges and Universities, a topic of great importance to me was the announcement of the 10-year review of *The Application of Ex Corde Ecclesiae*. Bishops and presidents of Catholic colleges and universities across the United States will engage in conversations as a first step in the review.

In his keynote address, Bishop Gerald Kicanas of the diocese of Tucson, Ariz., shared his thoughts about the impact of *Ex Corde Ecclesiae*—the apostolic constitution written by Pope John Paul II in 1990 that provides guidance to Catholic colleges. He observed that Catholic colleges and universities "live out an institutional commitment to the service of the people of God and of the human family in exceptional ways."

Bishop Kicanas mentioned several ways in which Catholic colleges and universities contribute to the church locally and across the country: strengthening Catholic elementary and secondary education; encouraging vocations; and partnering with Catholic Relief Services (CRS) to provide opportunities for students to "live the faith." It was here that he recognized Cabrini College's partnership with CRS, our Mission of "education of the heart" and our values of "academic excellence and a commitment to social justice."

Discussions between bishops and presidents of Catholic colleges and universities will continue throughout this year, but I am so pleased that Bishop Kicanas recognized Cabrini College and our commitment to Catholic identity in his keynote address.

With deep appreciation,

Marie A. George, Ph.D.

## Commencement 2011: Project H.O.M.E. Co-founders, School Superintendent to Receive Honorary Degrees



Joan Dawson McConnon



Sister Mary Scullion



James Capolupo



### 51st Commencement Exercises

**SATURDAY, MAY 14**

**Commencement Mass – 4 p.m.**  
*Cavalier Athletic Field*

**SUNDAY, MAY 15**

**Undergraduate Ceremony – 10 a.m.**  
*Cavalier Athletic Field*

**Graduate Ceremony – 3:30 p.m.**  
*Cavalier Athletic Field*

**Details at [www.cabrini.edu/commencement](http://www.cabrini.edu/commencement)**

Sister Mary Scullion and Joan Dawson McConnon, co-founders of Project H.O.M.E., will receive honorary doctor of humane letters degrees at Cabrini's undergraduate Commencement on Sunday, May 15, with McConnon addressing bachelor's degree candidates. James Capolupo, D.M.A., superintendent of the Springfield School District (Delaware County, Pa.), will address master's degree candidates at the graduate Commencement later that day, and also receive an honorary doctor of humane letters degree.

McConnon and Sister Mary co-founded Project H.O.M.E. in 1989, and have spearheaded efforts in making the organization a nationally recognized program in developing solutions to homelessness and poverty. Project H.O.M.E. has grown from an emergency shelter to 447 units of housing and three businesses that provide employment for formerly homeless persons. The Department of Housing and Urban Development selected Project H.O.M.E. as one of the "100 Best Practices" nationwide, and *Philanthropy Roundtable* magazine named it one of the "16 most efficient and innovative charities we know of anywhere." To date, Project H.O.M.E. has leveraged more than \$50 million in equity toward housing and economic development.

After earning degrees in accounting from Pennsylvania State and Drexel universities, McConnon worked as a Certified Public Accountant for six years. During this time, she volunteered in various cities, and the suffering that she witnessed compelled her to change the direction of her professional life. Her mission became to find a permanent solution to end homelessness.

A member of the Congregation of the Sisters of Mercy, Sister Mary has been involved in service work and advocacy for homeless and mentally ill persons since 1978. In recognition of her efforts, Sister Mary has received numerous honorary doctorates

and awards, and in 2009 was named one of the "World's Most Influential People" by *Time Magazine*.

Superintendent of the Springfield School District since 2005, Capolupo has helped make the district a model of excellence in literacy, evidenced by the district winning the International Reading Association Award in 2008 and 2009. Under Capolupo's leadership, all district schools have attained National Blue Ribbon status, and for the past five years all schools in the district have qualified for Adequate Yearly Progress, the benchmark for the No Child Left Behind law. More than 98 percent of Springfield School District students further their education after high school.

Capolupo earned a bachelor of science in music education, a master of arts in education, a certificate of advanced studies in human relations and a doctorate of musical arts. He has taught music at the elementary, middle, high school and university levels, and directed the Jazz Bands at Cabrini and at Princeton University.

– Dan DiPrinzio

## Students Travel to D.C. to Lobby Senators for Social Justice

Twenty Cabrini College students lobbied U.S. senate and house members on Capitol Hill on Dec. 3, 2010. Peace in Sudan and a long-term commitment to reconstruction efforts in Haiti were among the issues of social justice for which students lobbied.

“Lobbying our senators was so empowering,” said **Alyssa Mentzer '12**, a communication major from Marlton, N.J. “Everything just clicked for me when I realized that I can help make a change and be part of a change if I use my voice.”

Students met with the foreign affairs aides to Sens. Bob Casey (D-PA), Frank Lautenberg (D-NJ), Robert Menendez (D-NJ), Barbara Mikulski (D-MD), Chris Coons (D-DE), Kay Bailey Hutchison (R-TX), John Cornyn (R-TX), and Representative Charlie Dent (R-PA). The students also lobbied for an end to human trafficking, immigration reform, women’s



*Pictured from left: John Solewin '11; Holly Prendergast '12; Alexandra Pittinsky '12; Lauren Miskofsky '12; Justin Sillner '12; Alyssa Davies '12; Brianna Lee '12; William Braun '12; Jennifer Prutzer '12; Alyssa Mentzer '12; Elizabeth Krupka '12; Eric Gibble '11; Kelsey Kastrava '12; Nicholas Guldin '12; Jamie Santoro '12; Michelle Costa '12; Danielle DiBartolo '12*

empowerment and fairer trade treaties.

For the students, the trip to Capitol Hill was an integral part of Cabrini’s *Justice Matters* curriculum, which provides Cabrini students with the knowledge, skills and experience to effect change locally and globally.

“As first-year students in 2008, these students began a three-year journey,” said **Jerry Zurek, Ph.D.**, chair of the communication department and professor of English and communication. “Each year

they immersed themselves in the study of international development, peace building, fair trade, migration, and women’s empowerment. They also worked with migrant farm workers in Kennett Square, Pa., and with refugees from the Congo and Eritrea, in Northeast Africa.”

The students in Zurek’s “Working for Global Justice” course (ECG 300) targeted specific issues to research and address, which led them to lobby on Capitol Hill.

– D.D.



## Mother Cabrini High School Students Visit Campus

Forty students from Mother Cabrini High School in Dobbs Ferry, N.Y., got a glimpse of life at Cabrini College on Nov. 15, 2010. Students attended presentations on the College’s admissions process, Living and Learning Communities, student diversity initiatives, and academic support from the Center for Teaching & Learning. The group enjoyed lunch in the Mansion with faculty, staff, and alumni. The students capped off their visit with campus tours led by student ambassadors and an introduction to Cabrini Athletics. *Photo by Mother Cabrini High School student Julissa Mackey*

## CBS 3's Ciarrocchi Honored with Ivy Young Willis Award

CBS 3 anchor and "Talk Philly" host Pat Ciarrocchi HON'97 received the 2011 Ivy Young Willis Award at a ceremony in the Mansion on March 15. A member of the Philadelphia Broadcast Pioneers Hall of Fame, Ciarrocchi has been a staple of the Philadelphia media for 29 years. She also is deeply involved in several social causes, including the Easter Seal Society of Southeastern Pennsylvania, Susan G. Komen for the Cure, and the Police Athletic League, and she has raised hundreds of thousands of dollars for local charities through the Pat Ciarrocchi Golf Classic and Pat's Passion for Fashion Show and Auction.

Ciarrocchi's lecture focused on the inspirational stories of how ordinary people overcame great hardships to find success—which is never measured in wealth or fame. After meeting with and offering gracious thanks to the Dale and Anderson families, descendants of William G. Willis and Ivy Young Willis, the news legend mingled with students, faculty, staff, trustees, and alumni—even getting on the other side of the microphone, agreeing to do an interview for the student newspaper *Loquitur*, and the student video news show *LOqation*.

— D.D.



Pat Ciarrocchi, CBS 3 News Anchor and recipient of the 2011 Ivy Young Willis Award, enjoys a moment with President Marie George and descendants of the Willis family. Front row (left to right): President George, Ciarrocchi, and Martha and John Dale. Back row (left to right): Rob Anderson and Vidhi and Ian Anderson.



Melissa Webb '12 interviews Pat Ciarrocchi for *LOqation*, the student video news program.

## Mother Cabrini Statue Unveiling Commemorates Founder's Day



President Marie George and Campus Ministry Associate Sister Christine Marie Baltas, MSC '66 unveil the Mother Cabrini statue in the Bruckmann Memorial Chapel of Saint Joseph.

Presentations on immigration by two Catholic leaders and the unveiling of a Mother Cabrini statue highlighted Founder's Day on Feb. 22. The day's theme, "Immigration," was apt, as the Missionary Sisters of the Sacred Heart of Jesus have named this the "Year of the Immigrant." Keynote speakers for the event were Monsignor Hugh Shields, Vicar for the Hispanic Catholics in the Archdiocese of Philadelphia, and Sister Ruth Bolarte, IHM, director of the Archdiocese's Catholic Institute of Evangelization.

President Marie George and Campus Ministry Associate Sister Christine Marie Baltas, MSC '66 unveiled the statue during the ceremony in the Bruckmann Memorial Chapel of Saint Joseph. The statue had been housed in New York at the Cabrini Medical Center, which closed in 2008. Sculpted by Enrico Tadolini in 1946, the year St. Frances Cabrini was canonized by Pope Pius XII, the Italian marble statue features an angel at the feet of Mother Cabrini. The angel holds a scroll with the words, "OMNIA POSSVM IN EO QVI ME CONFORTAT," or "I can do all things in Him who strengthens me," from Philippians 4:13. Tadolini made similar versions of the statue, including one for St. Peter's Basilica in Rome.

An annual event, Founder's Day celebrates the legacy of the College's founding president, Sister Ursula Infante.

## Wes Moore Delivers Empowering Cabrini Day Lecture

Author, combat veteran, White House Fellow, and Rhodes Scholar Wes Moore delivered a riveting, emotional and inspirational story of empowerment and redemption as the keynote presentation of Cabrini Spirit Week 2010, Nov. 5-14.

Moore's book, "The Other Wes Moore: One Name and Two Fates," was required summer reading for all first-year Cabrini students. The story begins with two children who share the same name growing up in Baltimore. One becomes a decorated author; the other is serving a life sentence for felony murder.

The book was born from a *Baltimore Sun* story on Wes Moore, a suspect in an armed robbery. The author Wes Moore—a graduate of Valley Forge Military Academy and College—wrote to the other Wes Moore. Through dozens of letters and a prison visit, Moore discovered that the other Wes had a similar life, though different decisions steered them in opposite directions.

Moore's presentation was at times humorous, such as when he talked about his failed attempts to run away from the military school, and at times heartbreaking, like when he described how at age 3, he witnessed his father collapse and die. But the theme of his talk was one of empowerment. This message was not lost on the standing-room only audience, several of whom stayed more than an hour after the presentation to ask Moore questions, offer gratitude for his speech, and share their own stories of struggle or redemption.

Traditionally known as Cabrini Week, the name change to Cabrini Spirit Week reflects the variety of academic, liturgical, cultural, historical, culinary and other events planned around the Nov. 13 Feast Day of Saint Frances Xavier Cabrini.

"Cabrini Spirit Week celebrates the spirit of the campus community, while emphasizing how the spirit of Mother Cabrini continues to guide, nurture and inspire all of us at the College," said President Marie George.

— D.D.



*Cabrini Day guest speaker and best-selling author Wes Moore delivers an emotional story to a standing-room only audience.*



*Wes Moore and President Marie George present the 2010 First-year Writing Award to Melody Shay '14.*



*Cabrini College's dance team performs with the Phillie Phanatic at the 2010 Cabrini Night at the Phillies.*

## Cabrini College Night at the Phillies Tickets on Sale

On Sept. 16, join Cabrini students, alumni, faculty, staff, families, and friends to cheer on the Philadelphia Phillies to victory against the St. Louis Cardinals at 7:05 p.m.

The sixth annual Cabrini College Night at the Phillies features the Cabrini College Chorus singing the National Anthem and the Cabrini Dance Team performing with the Phillie Phanatic.

All Cabrini students, faculty and staff attending the game will get a free, specially designed, Cabrini T-shirt to wear to the game. Parents, alumni and friends who purchase tickets also are eligible for a free T-shirt for the game, while supplies last.

All fans 15 and older will receive a Cabrini College/Phillies knit cap at the game.

Seating with fellow Cabrini College supporters is offered in two areas of Citizens Bank Park: Pavilion Deck sections 306-310 and Terrace Deck sections 412-414. Tickets are \$23, plus a \$1 per ticket fee. (Price reflects a discount of \$5 off the standard individual game price.)

To order, visit [www.phillies.com/cabrini](http://www.phillies.com/cabrini), click on the "Buy Tickets" button and enter the promotion code CABRINI. In order to minimize the impact of the "per order" charge, it may be worthwhile to combine orders with friends and family. Tickets are based on availability, so order now!

## Cabrini Teams with Phillies to Honor Extraordinary High School Students



This year, Cabrini College and the Philadelphia Phillies will recognize and grant scholarships to high school students who've excelled academically and positively impacted their communities. Each month during the Philadelphia Phillies' season, from April to September, two students will be honored as Phillies Extraordinary High School Scholars, presented by Cabrini College. If they enroll at Cabrini, scholars will receive a \$2,500 scholarship each year, eligible for up to four years and \$10,000.

To be eligible, students must be a sophomore or junior in high school during the 2010-11 school year, carry a minimum grade-point-average of 3.0, and write an essay on how they have served their community. Students must enroll full-time at Cabrini to be eligible for the scholarships. Applications are accepted and judged on a rolling basis through June 24, 2011.

For information on how to enter to become a scholar: [www.phillies.com/scholar](http://www.phillies.com/scholar)

## Faculty and Staff Partner with Parents on Information Workshops

Twenty-five parents of first-year students filed into the Antoinette Iadarola Center for Science, Education, and Technology on Feb. 10 to learn tips on how to effectively prepare their students for their sophomore years. The Partnering with Parents workshop, the second in a series, helped parents learn to measure and assess their students' first-year progress, and help them transition into the next academic year.

Cabrini faculty and staff presented and led discussions on a variety of topics, including how students' majors are connected to careers; learning strategies; and how internships, cooperative education and summer jobs can help prepare students for life after college. Faculty and staff also were available for one-on-one consultations that allowed parents to receive feedback on their students' unique concerns.

Many parents found the workshop informative and valued the fact that they had a venue for expressing concerns and questions—and a place to get answers.

"This is a wonderful opportunity for parents," said Kathleen Lockbaum of Pedricktown, N.J., mother of Brett, a first-year student. "Brett is my second child in college, and I wish there were workshops like these when my first child was starting out. It's great to be able to ask questions and to be more aware of what's to come and what's expected."

The first workshop in the series was held in November. Nearly half of the parents at the February workshop also attended the November workshop.

— D.D.

## Young Alumni Experience ‘Transitions’

Young alumni might be wondering what it’s like to navigate post-college life. A number of Cabrini alumni are probing that question with a weekly radio broadcast and podcast called “Transitions.”

Geared toward college graduates ages 21-30, “Transitions” is devoted to issues relevant to men and women who are looking for employment as well as those who have completed college and are employed in their first jobs or in graduate school. Headed by co-executive producers **Janene Gibbons ’09** and **Noelle Westfall ’10**, the radio broadcast also examines current events, entertainment, sports and relationships as well as job-related, financial, and social issues.

Many Cabrini alumni and current students lend their talents to this project. **Marc Zubricky ’09** and **Jillian Smith ’09** designed the website and **Danielle Alio ’12** handles the multimedia aspect of the program. Past guests include **Charles Bush ’09**, **John Doyle ’85**, **Christina Mastro ’09**, **Patrick McGowan ’09**, and **Bill Monahan ’10**.

“Transitions” airs on Cabrini’s radio station, WYBF “The Burn” 89.1 FM, on Fridays from 4 to 5 p.m. Not able to tune in? Check out the podcast at [www.transitionsradio.com](http://www.transitionsradio.com).  
– Kristen Hampton



The “Transitions” team: (standing, left to right) co-executive producer Noelle Westfall ’10; co-hosts Jon Mimm and Cally McCurdy; and co-executive producer/entertainment contributor Janene Gibbons ’09. Front row, left to right: technical producer Derek Transue and current events/sports contributor Dan Schmidt.

## In Memoriam: Trustee Emeritus J. Bradley McManus HON’99

Cabrini Trustee *Emeritus* J. Bradley “Brad” McManus HON’99 passed away March 21. A true friend of Cabrini College, he dedicated many years of his life serving Cabrini College, becoming a trustee in 1987 and a trustee *emeritus* in 1999. He served on numerous College committees, using his vast talents to promote Cabrini’s growth and enhance its mission. In 1999, he received an honorary degree from Cabrini and began his *emeritus* status. A deeply devout man, McManus saw induction into the Archdiocesan Hall of Fame in 1997, and later received an award for “Excellence in Catholic Education” from the Archdiocese of Philadelphia.

“Brad’s commitment and generosity to Cabrini were unparalleled, and he enhanced the educational experiences of countless Cabrini students,” said President Marie George. “He was such a gentle soul. The College extends its deepest condolences to the wonderful family that surrounded him.”

McManus graduated from West Catholic High School, and earned a bachelor’s degree in economics from Villanova University. Following his graduation from Villanova, McManus



enlisted in the United States Army Air Corps and trained as a fighter pilot. He served tours of duty in both World War II and the Korean War.

The last surviving member of the “Lost Squadron,” McManus crash-landed his P-38 Lightning fighter plane on the Greenland icecap in 1942, while he was part of the Eighth Air Force’s “Operation Bolero,” a detail considered the United States’ first attempt to fly fighters and bombers into the European theater. He met his wife-to-be Lois Bebout, an Army Air

Corps nurse, while returning to Europe on the Queen Elizabeth I. They soon married and life blessed them with nine children.

Upon his discharge from the service, McManus joined his family’s construction business, assisting in the sale and construction of homes in Drexel Hill and Aston, Pa., ultimately developing shopping centers, housing developments, and office buildings across the region.

Besides his wife, he leaves behind his daughter, Marion “Polly” McGowen ’71, as well as five other daughters, three sons, 16 grandchildren, six great-grandchildren, and two brothers.



Susan Fluck

# Yellow Ribbon Program Opens Classroom Doors for Veterans

BY AMY BIEMILLER

Staff Sergeant Michael Hartle has experienced his share of challenges during eight years of active duty with the Army—stationed in Texas, Oklahoma, Georgia and at the National Training Center in the Mojave Desert in California, and a 14-month deployment to Iraq to help wounded soldiers. But once he separated from service in 2010, he focused his energies on a whole new objective: majoring in history/secondary education at Cabrini.

“I have always wanted to be a teacher—in fact I did some teaching while I was in the Army,” says Hartle. “I have had some great teachers and I believe that teachers have the biggest impact on our lives. I want to be able to inspire young people to do great things.”

Hartle started his Army career as a paramedic and then studied to become a licensed physical therapist. Now as an Army Reservist, Hartle has his sights set on the classroom—and beyond. “I want to have a long and fulfilling career in teaching and perhaps someday enter politics and continue serving my community,” he says.

Hartle is confident about his future goals, but transitioning from military life to college campus and figuring out how to pay for college did give him some pause.

“I wanted to be able to focus on my classes and not on how I was going to pay tuition or be concerned about what kind of debt I would accrue,” he says. “I needed to be sure of my financial situation because I

didn't want that additional stress, knowing the coursework was going to be stressful enough."

Because Cabrini College is part of the Yellow Ribbon Veteran's Administration GI Education Enhancement program, Hartle gets the tuition support he needs to complete his degree without financial duress.

Under the Post-9/11 GI Bill and the Yellow Ribbon Program, the U.S. Department of Veterans Affairs matches dollar-for-dollar the financial aid pledged by Cabrini in order to cover any outstanding tuition and fees above those covered by the base GI Bill benefit. More than 270,000 students across the nation used the benefits in the 2009-10 academic year, according to the Department of Veterans Affairs.

"This is our second year participating in the program and we have 20 veterans enrolled," says Charles Spencer '00, G'03, director of transfer admissions and alumni recruiting at Cabrini. "The program's monetary support is important, but so is the outreach and guidance we provide to veterans who want to come to school. It's a critical part of the Mission of the College.

"We all feel that helping veterans—whether providing them information about their benefits and the College, helping them complete the VA paperwork, or answering their questions regarding courses that will help them achieve their goals—is a way we can give back to the men and women who give their time to protect and defend our country," he says.

"Some vets haven't been inside a school classroom for years, and we take a lot of care to help them understand what that transition will be like, especially the workload," he says. "While veterans come to us motivated and ready to further their education, it is our responsibility to help them clearly see what that classroom experience will be like and what their responsibilities will be for attending lectures, taking notes, studying and successfully taking exams."

The on-campus support services Cabrini offers veterans also make a big difference in smoothing the transition from military to civilian life, Spencer says. Among those resources are the counsel-

ing center; the Center for Teaching and Learning, where students can get academic assistance; and the professors who advise students individually regarding courses and career paths.

Spencer's co-workers also are important assets for veterans. "Registrar Phyllis Bean is our liaison with the VA. In addition we have Joe Palmer on staff who is a veteran of the first Gulf War and is available as a

student liaison. Both of them are a tremendous help to the veterans who are our students," he says.

It's these services, coupled with the Yellow Ribbon Program, that make Cabrini an attractive option for veterans, Spencer explains.

It was these support services that helped Marine Sergeant Susan Fluck—another veteran with big plans—decide

## YELLOW RIBBON PROGRAM

Cabrini College welcomes and encourages all veterans to apply for part-time and full-time admission. Veterans can apply for financial assistance through the Yellow Ribbon GI Education Enhancement Program. Cabrini and the Veterans Administration will help fund tuition expenses.

Visit [www.gbill.va.gov](http://www.gbill.va.gov) to determine benefit eligibility and for more information about the program. Veterans who are not eligible for the Yellow Ribbon Program should contact their Veterans Administration, or visit the U.S. Department of Veterans Affairs website at [www.va.gov](http://www.va.gov).



Director of Transfer Admissions Charles Spencer (right) guides first-year student Michael Hartle through the Veteran's Administration paperwork.



Marine Sgt. Susan Fluck presents her commanding officer with a going away gift.

to pursue a bachelor's degree in business administration at Cabrini.

"The faculty and staff have been really helpful any time I have questions," she says. "I also love the small class size. It's beneficial for an adult student, like myself, who has been out of the school environment for several years."

Fluck is planning to use her business education to augment the experience and training she gained in the military as an administrative/legal clerk, and apply that to her wedding planning business—an entrepreneurial endeavor she started shortly after leaving the Marines. "I spent many years in the Marine Corps as an administrator and I intend to build on that experience. Eventually, I want to have my own wedding show on TV," she explains.

Getting her degree is imperative to meeting those goals, Fluck says. "The Yellow Ribbon program allowed me to take advantage of everything Cabrini has to offer," she says. "I have had nothing but great experiences since I started with the program."

"Cabrini is the best choice for veterans because we offer personal one-on-one attention from faculty and staff, and class sizes are small enough that students don't feel lost or overwhelmed," Spencer adds.

"The transition to a smaller school like Cabrini is a real help for veterans returning home."

Both Fluck and Hartle have advice for veterans considering going back to school:

"One of the hardest parts about going back to school is the benefit paperwork for the Veteran's Administration," Fluck says. "I advise other veterans to submit their paperwork to the VA at least three to four months before they intend to start school, in order to experience a seamless transition."

Hartle adds that it's important for veterans to realize how different campus life is in comparison to military life. "Life in the military is very regimented and active, while campus life is unregulated and can be sedentary. I felt unsettled at times as a full-time student because I was used to working and having a career. It's a lifestyle difference, and you can feel out of place to a degree," he says.

But overcoming challenges is nothing new to Fluck or Hartle, and both are optimistic about the future. Hartle says, "I love going to Cabrini and I am really looking forward to finishing school and starting my new career in teaching." With their positive attitudes and help from Cabrini, the future looks bright for both. ■

## AT-A-GLANCE

**1,181**  
number of participating  
Yellow Ribbon schools  
from August 1, 2009 to  
July 31, 2010

**1,231**  
number of participating  
Yellow Ribbon schools  
from August 1, 2010 to  
July 31, 2011

**\$1,473,150**  
amount spent by the VA  
on the program in FY 2009

**\$60,418,328**  
amount spent by the VA on  
the program in FY 2010

**29,816**  
number of eligible students in  
the program from August 1,  
2009 to July 31, 2010

**284**  
number of eligible students  
from Pennsylvania in the  
program from August 1,  
2009 to July 31, 2010.

*Source: Office of Public Affairs,  
U.S. Department of Veterans Affairs*

## Faculty and Students Making News

>> **Leonard Norman Primiano, Ph.D.**, chair and professor of religious studies, was quoted as an expert in several prominent outlets, including the *New York Times* and *National Catholic Reporter*, regarding the suspension of 21 priests from the Archdiocese of Philadelphia on grounds of sexual abuse.

>> **Jeanne Komp**, assistant professor of graphic design, submitted the winning logo design for the Ladies of Letterpress Conference 2011 in Asheville, N.C.



>> **Richard Gregg**, adjunct faculty member in Graduate and Professional Studies, was named Pennsylvania's 2010 High School Principal of the Year by the Pennsylvania Association of Elementary and Secondary School Principals. Gregg is principal of Penncrest High School in Media, Pa.

>> **Michelle Filling, Ph.D.**, assistant professor of English, contributed a chapter to the textbook *Imaging the Black Female Body: Reconciling Image in Print and Visual Culture* (Palgrave Macmillan, 2010). The chapter she published is titled "Images that Sell: The Black Female Body Imag(in)ed in 1960s and 1970s Magazine Ads."



>> An article co-authored by **Melissa Terlecki, Ph.D.**, associate professor of psychology, has been selected to appear in the 25th Anniversary virtual issue of *Applied Cognitive Psychology*. "Durable and Generalized Effects of Spatial Experience on Mental Rotation: Gender Differences in Growth Patterns" originally appeared in the journal in 2008.

Terlecki also published "Sex Differences and Similarities in Video Game Experience, Preferences, and Self Efficacy: Implications for the Gaming Industry" in *Current Psychology*. The article was co-written with **Jennifer Brown '06, Lindsey Harner-Steciw '08, John Irvin-Hannum '10, Nora Marchetto-Ryan '07** and **Jennifer Wiggins '09**.

>> **Eric Malm, Ph.D.**, assistant professor of economics and business administration, published "Building Partnerships for Business Education: A New Faculty Perspective" in the *Journal of Business Education Innovation*.

>> **Melinda Harrison, Ph.D.**, assistant professor of chemistry, and **Elizabeth Williams '10** published "Selenium from Health to the Biological Food Chain" in the *Journal of Biotech Research*.

>> "Forging a 21st Century Model for Undergraduate Research," an article in the January issue of the scholarly journal *BioScience*, highlights Cabrini's participation in the National Genomics Research Initiative (NGRI). The NGRI is an initiative of the Howard Hughes Medical Institute's Science Education Alliance. The *BioScience* article credits **David Dunbar, Ph.D.**, associate professor of biology, and **Melinda Harrison, Ph.D.**, assistant professor of chemistry, for the College's participation in the NGRI, which conducts "a competitive application process" in determining which institutions join the research initiative. Cabrini became part of the NGRI in 2009.

>> At the Battle of the Northeast Championships dance competition at New Jersey's South Brunswick High School on Jan. 9, the Cabrini Dance Team placed fourth in the Hip-Hop category and fifth in the Jazz category.

>> A website on domestic violence education, created by communication seniors in Spring 2010, earned national acclaim when it received a 2010 Silver Davey Award. "The Children as Witness Project" convergence site ([www.cabrini.edu/domesticviolence](http://www.cabrini.edu/domesticviolence)) won in the Interactive Multimedia: Education category.

>> Several Cabrini communication students were featured on *NBC10* for the station's Wake-Up Calls, which air during the 5 a.m. and 6 a.m. news broadcasts.



WYBF-FM Assistant Music Director Nick Bonmani '11 appears on NBC10.

# Cabrini Athletics

Men's Basketball Team "Sweet" in NCAA Tournament Run



The Cabrini men's basketball team concluded its 2010-11 campaign in the NCAA Tournament for the second straight season and the 11th time overall. The Cavaliers hosted the first and second rounds of the national postseason at Nerney Field House before advancing to the "Sweet 16" for only the second time in program history.

"This year's run in the NCAA Tournament meant a lot to this team for a number of reasons," said third-year head coach **Marcus Kahn**. "For our two seniors, what better way to wrap up your career at Cabrini with two wins in the national tournament and a chance to play in the Sweet 16? Also, the experience of big-time college basketball on the national level is an invaluable opportunity for our underclassmen."

Cabrini punched its ticket to the "Sweet 16" for the first time since the 2001-02 campaign with an 85-76 win versus New Jersey City University on March 4 and a 91-84 victory against SUNY-Purchase College on March 5. It marked the first time since 2002 that the Cavaliers hosted an NCAA Tournament game at Nerney Field House.

The Blue & White faced halftime deficits in both games before rallying in the second half for wins. Senior **Dom Farrello** led the Cavaliers against NJCU, scoring 28 points and gathering eight rebounds. Sophomore **Cory Lemons** netted 29 points, grabbed nine rebounds and handed out seven assists versus Purchase.

The victory against Purchase put Cabrini on an airplane the following weekend en route for the Midwest and The College of Wooster, the No. 5 ranked team in the country among Division III programs. The Cavaliers were one of just 16 teams remaining in the tournament with a chance to play for the "Final Four" in Salem, Va.

"We worked really hard to get to that point," Kahn said. "After last season's loss against Randolph-Macon in the NCAA Tournament, we weren't happy and I made a pact with myself that I wouldn't let that happen again. And this year, we are one of the final 16 teams left in the country. The Cabrini men's basketball program deserves to be in that company with some of the top programs in the nation."

Lemons scored 20 points and Farrello chipped in 14 in front of more than 3,000 spectators against the Fighting Scots. However, the Cavaliers' NCAA Tournament run came to an end in the "Sweet 16" Round following a 94-77 loss to Wooster. Kahn, the Philadelphia Area Small College Coaches Association Coach of the Year for the second consecutive year, guided Cabrini to a 24-6 overall record in 2010-11, its third straight 20-win season.

"It was certainly an amazing ride," Kahn said. "We gave Wooster our best effort but just couldn't overcome a very good team. This season is something nobody will forget and yet another step forward in the right direction for this program."

— Brian Beacham

*Freshman forward Fran Rafferty (#21) netted eight points and claimed a career-high 10 rebounds as Cabrini knocked off New Jersey City University to advance to the second round of the NCAA Tournament. Inset: Head Coach Marcus Kahn.*



*Head coach Kate Pearson goes over a play with the Cavaliers during their game against Albright College at Madison Square Garden.*

## Women's Basketball Visits Garden, Ends 2010 Calendar Year in Paradise

The Cabrini women's basketball team is unbeaten in four games all-time at "The World's Most Famous" Arena, Madison Square Garden, following a 50-48 victory against Albright College on Jan. 3, 2011. The Cavaliers have hosted a regular season game on one of the entertainment world's grandest stages each of the last four years.

"We've had the chance to play at Madison Square Garden the last four seasons and the special feeling that comes with it never gets old," said second-year head coach **Kate Pearson**. "This year's game was especially exciting because we had 10 players in their first year with our program. I tried to stress that it was important to cherish this moment because we are experiencing such a unique opportunity."

Pearson and the Cavaliers overcame a four-point deficit, 30-26, at halftime en route to the victory. Freshman guard **Brittany Sandone** led the Blue & White with 14 points in the win.

Additionally, while the Philadelphia region battled low temperatures and mounds of snow during the holiday season, the Cabrini women's basketball team was wrapping up 2010 in the tropical weather of San Juan, P.R. The Cavaliers played two regular season games at the University of the Sacred Heart, against the Dolphins and Mary Washington University.

"Taking the team to Puerto Rico was a great chance for our team to spend time with one another," Pearson said. "With such a young team and so many new faces, a trip like that so early in the season helped us as the year progressed and will pay dividends in the future."

— B.B.

exploration. earth. dreams. honors. justice. culture.

# WORDS TO LIVE



Students in Cabrini's Living and Learning Communities live together, explore compelling topics, become more connected to each other and to their professors, and are more likely to graduate. *By Richard Bader*



## (& LEARN) BY...

Michael Costanzo was feeling a little anxious back in September 2007 when he, about 19 other first-year Cabrini students, and three of their professors climbed aboard two college vans on a gorgeous late-summer Friday morning and pulled on to Interstate-95 bound for Washington, D.C., their destination for the weekend. The trip was part of a class—Faith and Justice, taught by Assistant Professor of Religious Studies Nicholas Rademacher, Ph.D., one of the three faculty members on the trip—but it was also part of an experiment, and Costanzo and his classmates were the guinea pigs.

Upon arriving in the nation's capital, they toured monuments, wandered the National Mall, and visited sites such as the National Cathedral, the Basilica of the Immaculate Conception, and the Pope John Paul II Cultural Center, all the while jotting notes in journals their professors had asked them to keep.

That evening, they checked in at the conference center where they were staying, pitched in to fix themselves a spaghetti dinner in the center's kitchen, and began to talk—about what they'd seen, about how they felt, about religion, about justice, about other topics, about each other.

"I didn't know what to expect," says Costanzo, a history major who will graduate this spring. "We were different people with different majors, and here we were having discussions about stuff we'd never even thought about before. What does it mean to be just? How do you balance the ethical with the practical? It was open. It was honest. It was incredible."

Before the sun would rise Saturday morning, this random collection of students with different interests and ideas they were passionate about was on its way to becoming a cohesive group. And that meant that the experiment was on its way to becoming a success.

Costanzo and his classmates were part of Cabrini's first ever Voices of Justice Living and Learning Community. It was one of two Living and Learning

*Several members of the Voices of Justice Living and Learning Community gather in Jazzman's Café between classes. From left: Joshua Schulte, Kyla Cavanaugh, Annie Rivituso, Maria Mulrine, David Alonso, Justin Sloyer and Brandon Mazepa.*



*A few weeks into his first semester at Cabrini, Michael Costanzo '11 (back row, fifth from right) traveled to Washington, D.C., with faculty and first-year students in the Voices of Justice Living and Learning Community.*

Communities, or LLCs, the college launched that fall four years ago (the other focused on Academic and Career Exploration—ACE, for short). LLCs are small cohorts of no more than 20 first-year students who take courses and participate in activities organized around a common theme. In most cases, they also live together.

In the four years since Cabrini started offering LLCs, the concept has grown, and now nearly a third of first-year students are participating in one of six learning communities. In addition to Voices of Justice and ACE, which helps students figure out what to major in and how to connect it to a career, they include EARTH, an environmental sustainability-themed LLC; Realizing Dreams, which explores issues of identity and opportunity; an LLC for Honors students; and a version of

ACE for students who live off-campus. A seventh LLC, on film and media studies, is slated to start in fall 2011.

The LLCs at Cabrini follow a similar format. Students take two or three courses in the fall—a one-credit College Success Seminar plus one or two courses related to the theme—followed by two more theme-related courses in the spring (Honors LLC students take only one spring course). With the exception of the ACE learning community for commuters, LLC students live together on the same residence hall floor. When Cabrini started offering LLCs in 2007, students were assigned at random. Now nearly all who participate apply for the LLC they want to be in.

Cabrini is one of about 250 or 300 colleges in the U.S. and Canada that report offering learning communities to students,

according to information provided by The Washington Center, an organization in Olympia, Wash., that is a leading national resource on learning communities. There are learning communities at small colleges, large state universities, two-year schools, four-year schools, historically black colleges, Hispanic and tribal colleges—colleges from A (Abilene Christian, in Texas) to Z (Ohio's Zane State). Most learning communities share certain characteristics—they involve a student cohort, there are ties to student support services such as counseling and advising, and they emphasize applying classroom learning to other contexts—but beyond these basics, there is equally wide variation from college to college about what a learning community is and does. Emily Lardner, co-director of the Washington Center, thinks this variety is fine and natural, as colleges take a basic concept and adapt it to their individual campus cultures. "There is no magic model," she says. "There's no research that proves that one particular approach works better than another."

### **Improving Student Retention**

Despite differences between learning communities, colleges that offer them tend to have a common goal: improving student retention. At Cabrini, there's clear evidence of progress toward this goal. In academic year 2010-11, the freshman to sophomore retention rate—the number of students who returned for sophomore year—is six percent higher for those who participated in an LLC than for those who don't.

Why the higher retention rate for LLC students? Students stay at a college when they feel they belong, and they feel they belong when they're connected to a group. LLCs happen to be great at forg-

**“We’re trying to make the first-year experience welcoming for students. We want them to feel supported by faculty and staff and we want them to feel like they belong to a community of peers.”**

**Jeff Gingerich, Ph.D., Dean for Academic Affairs**

ing connections. There also is anecdotal evidence that Cabrini students who join LLCs get better grades and become more involved as campus leaders.

“An LLC is an intentional community of students and faculty,” says Jeff Gingerich, Ph.D., Cabrini’s dean for academic affairs. “We’re trying to make the first-year experience welcoming for students. We want them to feel supported by faculty and staff and we want them to feel like they belong to a community of peers.”

## The ‘Living’ Part

Cabrini is one of only about 40 colleges that report offering learning communities with a residential component. Members of each LLC share a co-ed floor in a residence hall—the Honors LLC is in East Residence Hall, and all the others are in Xavier Hall. Living on the same floor with the first-year students is a “master learner”—an upper-class student who previously was a member of that LLC and who becomes both a resource for academic work and a mentor for the first-years making their adjustment to college.

Success with that adjustment is a key factor in retention, and living together, says Costanzo, makes it go a lot smoother. “One of the biggest things about freshman year is just getting used to it,” he says. “We did everything together, and by the end, we gelled. The LLC was a phenomenal help with that transition from high school to college.”

Living with others who are taking several classes with you has academic advantages as well. Conversations begun in class spill over into the residence hall. Group projects are easier to pull together. Help with homework assignments is rarely more than a door or two away.

Carrie Nielsen, Ph.D., assistant professor of biology and faculty director of the EARTH LLC, teaches two sections of her environmental issues class each fall—one that’s offered through the LLC and one that’s not. When she asked who was struggling with a particularly challenging data analysis assignment, about a third of the students in each section raised their hands. In the non-LLC class, Nielsen went around and helped the strugglers. In the LLC class, however, other students got up to assist those having difficulty.

# CABRINI’S LIVING AND LEARNING COMMUNITIES

“We wanted to engage students in and out of the classroom,” says Director of Living and Learning Communities Richie Gebauer, explaining Cabrini’s motivation for creating LLCs back in 2007. There were two that first year, and there are six today, with a seventh ready for launch in the fall. Here are snapshots of them. For a more detailed look, visit [www.cabrini.edu/llc](http://www.cabrini.edu/llc).

## >> Academic and Career Exploration (ACE)

Designed with an eye to the needs of those who have not decided on a major, ACE helps students clarify their academic, personal, and professional interests; choose a major that matches those interests; and chart a course toward a rewarding college experience and a fulfilling career.

## >> Commuter

With goals similar to ACE, above, but tailored to the needs of students who live off-campus, this learning community assists students with the transition to college, helps them develop an academic program that meets their goals, and builds leadership skills.

## >> EARTH

EARTH is the **Environmental Awareness and Responsibility Themed Hall**, and that name does a good job of explaining its focus. EARTH probes the intersection of environmental science, politics, and economics to help students understand the value of sustainable communities and the challenges involved in creating them.

## >> Honors

This LLC for students in Cabrini’s Honors Program offers stimulating courses, close relationships with faculty, and an array of activities on and off campus designed to engage students intellectually, culturally, and socially.

## >> Realizing Dreams

The “American Dream,” students’ own dreams, and challenges they may face in achieving them are the focus of this LLC, which asks students to consider how identity, race, class, gender, and other factors affect people’s ability to reach their goals.

## >> Voices of Justice

Students examine their own belief systems, get involved with community issues, and explore what it means to work toward the common good in this LLC that looks at the world from the perspectives of history, art, political science, and religion.

## >> Film and Media Studies:

### **Culture Through the Lens of Art (starts fall 2011)**

As they critically analyze popular media, students will learn to become better interpreters of mass culture and see how it relates to their own lives.



Darryl Mace, Ph.D., (left) assistant professor of history and political science, engages in a discussion with Voices of Justice Living and Learning Community students (left to right) Tim Pekala, Matt Juliano and Sarah Pinard.

As students open up to each other, they also build stronger relationships with faculty. Nielsen has joined her students for environmental-themed movie nights in the residence hall (think “Wall-E”), gone tubing with them on the Brandywine River, and taken them to a Quaker retreat near campus. The more comfortable students feel with her and with each other, the more likely they are to talk about things they might not otherwise have discussed, like that place where environmental concerns bump up against religious values.

“Our discussions brought out some serious issues,” Nielsen says. “The things we talked about were not the kinds of things that students sitting around an Xbox would come up with spontaneously.”

This spring Nielsen got a good taste of how strong faculty-student bonds can be when she asked her students what they wanted to do for an off-campus experience. One of the most popular proposals was having dinner at her house.

### **Integrative Learning: Making Connections**

One trait common to nearly all learning communities, says Emily Lardner of

the Washington Center, is an emphasis on integrative learning, where students are able to apply what they learn in one class to other classes, or to other areas of their lives. Cabrini’s LLC classes and other experiences are designed with lots of connective tissue to promote this kind of learning. On their visit to the National Cathedral—part of the Faith and Justice class in the Voices of Justice LLC—students saw crosses and other religious iconography, but also busts of Martin Luther King Jr. and Robert E. Lee, which Darryl Mace, Ph.D., assistant professor of history and political science, used to build a bridge to the American Studies class he taught that spring. Mace’s class also explores educational reform in failing schools in the Mississippi Delta, which prompts students to think about the value of education in their lives today.

“We are trying to create an enriching experience that takes students on a journey with us,” Mace says, adding that an important part of that journey involves developing skills of critical thinking and analysis and improving students’ ability to communicate orally and in writing.

“Academically, LLCs are huge,” says

Nielsen. “Eighteen-year-olds haven’t practiced the skill of making connections between things they’ve learned. We’re putting them in a position where they can’t help but make connections, and that’s what academics is all about.”

### **What’s Next for Cabrini’s LLCs**

When Cabrini began offering LLCs in the fall of 2007, they were supported in part by a Title III grant from the U.S. Department of Education. Realizing the value of LLCs, Cabrini is now considering ways to expand them. The new Film and Media Studies LLC starts in the fall, and there have been discussions about starting LLCs with themes related to communications, or Spanish.

“It’s my job to ensure that there are resources to support Living and Learning Communities,” says Provost/Vice President for Academic Affairs Anne Skleder, Ph.D. “What we know from the literature and from our own experiences is that students who start from day one with a cohort of peers and connections to faculty and staff tend to do better, be more connected, and retain at a higher rate. We can’t produce

graduates who contribute to the world if they don't make it past the first year."

Funding for Cabrini's existing LLCs has been built into the college's operating budget going forward, and an external evaluation of the four-year-old LLC project is nearing completion [see sidebar]. Looking ahead, there's a lot of interest in expanding the concept and getting more students involved, though not necessarily just by creating more LLCs. Skleder says Cabrini is trying to learn from what it has accomplished with LLCs and determine how to adapt the best elements of them in new ways to reach more students.

"All the literature on retention tells us that connection is crucial, and it has to be immediate," says Skleder. "If you're not connected in four to six weeks, you may start thinking about leaving."

"We had no clue if it would work or not," says Darryl Mace of that first year for the Voices of Justice LLC back in the fall of 2007. He, Rademacher, Nancy Watterson, Ph.D., assistant professor of Social Justice, and Lisa Ratmansky, director of Cabrini's Center for Teaching and Learning, had spent four months trying to work through their different perspectives and disciplinary backgrounds to create something that engaged Cabrini's newest students in a whole new way. They debated and discussed, proposed and counter-proposed. They argued, sometimes heatedly. The process of creating the LLC was not unlike being in one.

Then, two weeks into the semester, students in Voices of Justice sat down in a Washington, D.C., conference facility dining room over plates of spaghetti they had cooked themselves and they began to talk.

"The students opened up in ways we never imagined," Mace says. "They shared their individual experiences. They were so comfortable with us and with each other. They bonded, and we were so relieved. It was then that I realized that all the work had paid off. And it was then that I realized that I always want to teach in something like this."

*Richard Bader is a writer and communications consultant in Baltimore, and a frequent contributor to Cabrini Magazine. You can find him on the web at [www.richardbader.net](http://www.richardbader.net).*



Laura Gallagher '13 (second from right) and Kristine Semptimphelter '13 (right) toured Lincoln Financial Field with fellow members of the Academic and Career Exploration Living and Learning Community during a retreat day in September 2009.

## FOCUS GROUPS TELL THE LLC STORY

**Recently, an external evaluator sat down with students participating in Cabrini's Living and Learning Communities to talk with them about the LLC experience:**

- 92% reported that being a part of the LLC has improved their academic performance in the areas of writing, public speaking, debate, and communications.
- Students feel connected to faculty, and connected to the courses and coursework. They enjoy getting to know the faculty outside the classroom. They feel comfortable going to their LLC faculty with questions or concerns.
- Students appreciate the high level of accessibility of LLC faculty and how well they get to know them outside of the classroom.

**This is what some students told us they like about LLCs:**

- *You have faculty members backing you up, giving you recommendation letters, advice, suggestions. They know you personally. I knew I would never fail.*
- *We spend so much time with our faculty members; they are always there. I feel most comfortable going to them—I'm more comfortable with them than [with] other professors.*
- *The teachers themselves are working together to make this a better experience. I definitely am doing a lot better in school than I've ever done because the teachers care that much and they'll come by and make special time for everyone to get help. They really are fantastic.*
- *The LLC gave me more confidence not only speaking in front of my peers, but speaking with adults (including faculty) as well.*
- *I got so much from my LLC that I decided I wanted to give back. It allowed me to establish who I was here. I'm from far away and it allowed me to gain a sense of belonging I don't think I would have if I hadn't been in a LLC.*
- *I'm very involved. And being in the LLC does give you a big advantage on campus because you have more confidence, and want to get involved.*

# Alumni NEWS

## Letter from the Alumni Board President



Dear Fellow Alumni:

As we move through the second semester of the school year, I want to take this opportunity to update you on the progress of the Alumni Board.

We have been working hard to revitalize our Class Agent Program. We want to thank everyone who has stepped forward to serve his or her class in this important role. Almost every class is now represented. If

you would like to volunteer, don't be discouraged if your class already has an agent. We can always use more! Contact Charity Castner at [charity.castner@cabrini.edu](mailto:charity.castner@cabrini.edu) for information. It's a great way to stay in touch with your classmates.

Another way to get involved is to help organize regional alumni clubs in your area. We are actively recruiting alumni in Philadelphia, New York, Washington, D.C., Lancaster and central New Jersey, but clubs are not limited to these areas. If you know of fellow alumni in your area who would be interested, form your own regional alumni club. For information, contact Charity Castner at [charity.castner@cabrini.edu](mailto:charity.castner@cabrini.edu).

Cabrini College's Alumni Office Facebook page is bustling with activity. This is the place to get event invitations, connect with classmates and win prizes in our weekly trivia contest, Blue & White Wednesdays. Check it out!

In these difficult economic times, your continued support for the Cabrini Fund and the Alumni Association Scholarship is needed more than ever. Once again this year, 100 percent of money raised for the Cabrini Fund will go toward financial aid for current students. Remember that alumni participation in annual giving helps the College secure grants for many areas, and ensure continued success. Thank you for your past support; I know we can continue to count on you!

On behalf of Alumni Board Vice President Craig Vagell '05 and the entire Board, I want to thank you for your support.

We look forward to seeing you at Alumni Weekend 2011, June 3-4.

Best wishes,

Kathy Reardon Everett '68  
Alumni Board President



At a performance at The Charity Guild, Nancy Battaglia Gustafson '66 sings The Shangri-Las' 1964 hit "Leader of the Pack" as her husband, Robert, enters on a scooter.

## Alumna Mends Passion and Charity

**Nancy Battaglia Gustafson '66** sings to fulfill her passion for music, but sells CDs to help others in need. Gustafson, a longtime vocalist who recently released her third CD, donates all the proceeds to organizations that help those in need. To date, she has donated \$21,000. Proceeds from her first CD, "A Peaceful Journey," were given to Cabrini College; My Brother's Keeper, a Massachusetts-based charity that delivers furniture, food and essentials to those in need throughout the southeastern section of the state; and her church, Our Lady of Lourdes in Brockton, Mass., which put the money toward a set of chimes. The American Cancer Society and The Kidney Foundation were recipients of proceeds from her second CD, "A Christmas Tradition."

Her recently released third CD, "Heart and Soul," was recorded at Our Lady of Lourdes and all of the proceeds from those sales will benefit the church. Gustafson doesn't stop with CD sales. She retired from teaching in 2004, and now performs for local charities, donating admission costs to the organizations. Most recently, she sang at The Charity Guild, a food pantry in Brockton. The sold-out performance raised \$3,500 for the organization.

To purchase a CD, visit her blog at [nancy-gustafson.blogspot.com](http://nancy-gustafson.blogspot.com) or email [nancygus@verizon.net](mailto:nancygus@verizon.net).

# Hedtke Presents on Lincoln and Bush in Alumna's NY Home



## Alumni Basketball Game



## Young Alumni Happy Hour



■ **Hedtke Presents on Lincoln and Bush in Alumna's NY Home** Board Trustee Jamie Miller Prince '84 and her husband Philip hosted an event at their New York City home on Feb. 17. In honor of President's Day, James Hedtke, Ph.D., chair of the history and political science department, presented "Lincoln and Bush: Republican Presidents at War" to a group of alumni, board members and friends. *Clockwise, from top left: Board Trustee Frank R. Emmerich Jr. '92, Connie Titone, Ed.D., Board Trustee George B. Weathersby, Ph.D., Sister Antonina Avitabile MSC '74 and James Hedtke, Ph.D.; Board Trustee John Bodnar (right) with Philip and Jamie Miller Prince '84; Allison Durako '06.* ■ **Alumni Basketball Game** Alumni, former coaches and friends attended Cabrini's annual alumni basketball game on Feb. 12. The day included a women's alumni game, men's alumni game and a reception. Alumni also watched the current women's and men's basketball teams win their games against College of Notre Dame and Marywood University, respectively. *Left to right: Tim Maddox '04, Bob McTamney and Christina Shelley '06; Jana Bruno Tidwell '96 with daughter Kayla.* ■ **Young Alumni Happy Hour** Recent Cabrini alumni mingled with other young alumni at the Dec. 2 Young Alumni Happy Hour at the Plough and the Stars in Philadelphia. *Left to right: Tracey Kelly Kemery '04, Charles Jeffers '04, Michelle Murray '05 and John Haggerty '05; Michael Fineberg '01, Allison Hart Fineberg '01 and Brent Matzelle '01.*



Tony Ciro '83 brings his vision of good food and community to Ciro's Italian Bistro.

# finding synergy

An ophthalmologist and restaurateur find balance despite different professions

by Kristen Hampton

In the summer of 1979, during orientation for first-year students, a small group boarded a shuttle to the Granite Run Mall. On the ride back to campus, as he walked down the aisle, a classmate playfully pushed **Tony Ciro '83** into the seat occupied by **Diane Corallo '83**.

Tony and Diane walked down another aisle at their wedding 10 years later.

In her first year at Cabrini, Diane knew she wanted to be a physician. She enrolled in a medical education program at a local hospital, which provided college students a glimpse into various areas of practice. One day, Diane visited an operating room where an ophthalmologist was performing surgery. You could say that surgery caught her eye.

She pursued studies in ophthalmology: medical school at Philadelphia's Hahnemann University Hospital (now part of Drexel University College of Medicine), an internship at Bryn Mawr Hospital, and finally, a residency at the University of Rochester. The couple moved to Lancaster in 1991, where Diane built a successful career as an ophthalmologist. When she became pregnant with their first daughter, Lila, she and Tony agreed that he would stay home to raise the children.

Lila is now 18, and son Tony Jr. is 15. With the children in their teens, Tony gave thought to venturing out in the business world. He had memories of gathering around the table and sharing meals with his family as a boy, and wanted to recreate that ritual for others.

"Being born in Italy and raised by Italians, food was the fabric of our family," Tony says.

He wanted to bring his vision to the community—one that focused on delicious food and a warm sense of family.

Ciro's Italian Bistro, a 124-seat restaurant, opened in Lancaster in 2009 with Tony at the helm.

Tony's love of food followed him to Cabrini. As an undergraduate, he managed the Wigwam, the student café then in the basement of Founder's Hall. He fondly remembers setting up in the Mansion kitchen and whipping up lasagna for the nuns.

"I started to tinker around with the idea of serving while I was at Cabrini," Tony says. "There was a feeling of family at the College, too, which reinforced what I'd grown up around."



Diane Corallo '83, M.D., operates Corallo Optical in Lancaster, Pa.

Diane admits that since the bistro opened, staying in sync as a family has been a challenge. Both Tony and Diane stress that their family is close-knit, and that they genuinely enjoy spending time together—something that has been more difficult since Tony opened the restaurant.

"The first year [the restaurant opened] was crazy and stressful," Diane says. "But now we've settled into a new pace."

Because of Tony's long hours, he and Diane keep the lines of communication open, even when it's impossible to talk on the phone.

"Thank God for texting!" Diane says.

"I've made it my mission to buck the trend and have a restaurant and a life," says Tony. "The battle between making my family my top priority and my responsibility to the restaurant forces us to be creative and flexible as a family."

“I started to tinker around with the idea of serving while I was at Cabrini,” Tony says. “There was a feeling of family at the College, too, which reinforced what I’d grown up around.”

In the 1981 *Woodcrest* yearbook, Tony Ciro and Diane Corallo were recognized as Cabrini Homecoming’s sophomore class winners.



Diane spends three days a week at her office seeing patients, and one day per week in surgery. She and Tony adjusted their schedules so that neither is scheduled to work on Wednesdays. Ciro’s is closed Mondays, giving Tony another break. And the kids work at the restaurant on weekends. Tony Jr. is a busboy, and Lila scoops creamy gelato and crafts cappuccinos.

In addition to allowing them more time with their dad, logging hours at the restaurant “gives them an idea of what it’s like to run a fast-paced business,” Diane says.

Despite their different roles, Tony and Diane have woven into their professions their love of people. Tony visits tables in the restaurant and works hard to develop and maintain relationships, a practice that he says has earned the bistro many repeat customers. Diane says that her favorite aspect of heading her own practice is developing relationships with patients, some of whom she’s known for 20 years.

“I get to watch them grow up,” Diane says. “I get to know their families, which is the best part of what I do.”

Diane says that Cabrini’s “education of the heart” helped prepare her for the nurturing aspect of her profession.

“Cabrini gave me a strong liberal arts education,” Diane says. “Liberal arts makes you a well-rounded individual.” And that certainly helps balance the family, with both parents earning a living in very different ways.

Cabrini’s core values also align with the Ciro’s personal values.

“As a family, we’re very community-minded,” Diane says.

This year, Diane and Lila joined other alumni, faculty, and students on Cabrini’s annual service trip to Guatemala during spring break. Accompanied by Jerry Zurek, Ph.D., chair of the communication department and professor of English and communication, and Raquel Green, Ph.D., assistant professor of

romance languages, they volunteered in the community through the San Lucas Mission and lived in solidarity with the locals.

If you happen to find yourself in Lancaster, Tony and Diane will welcome you to Ciro’s Bistro with open arms and plates heaped high with Italian delights. In fact, they’ll treat you like family.



Diane Corallo '83 and her daughter Lila participate in a road building project during Cabrini’s service trip to Guatemala in February.

# Class NOTES

ALUMNI WEEKEND  
June 3-4, 2011  
See details on back cover

## 1961

50th Reunion  
Celebrate at Alumni Weekend 2011

### Golden Hearts Society Celebrates Class of 1961

In May 2011, the Class of 1961 will be the first four-year class to celebrate a 50-year graduation anniversary. To commemorate the occasion, members of the Class of 1961 will be guests at Commencement, where they will process in academic regalia. They also will be inducted as inaugural members of the Golden Hearts Society, which recognizes Cabrini alumni who are celebrating a 50-year graduation anniversary. The name was fashioned after the Cabrini mission and the “education of the heart.”

The Golden Hearts Society celebration continues at Alumni Weekend 2011, June 3-4. President Marie George, Joseph Romano, Ph.D., Dorothy Crowley, Martha Dale and other beloved faculty will honor this milestone at the Class of 1961 dinner in the Mansion on June 4. For details, contact Class Agent Cabrini Boggiano Lepis '61 at 201-941-1727 or the Alumni Office at 610-902-8212.

### Attention Cabrini High School Alumni

Cabrini College and Cabrini High School share more than just a name—they share a legacy and history. The Cabrinian education continues to impact the lives of thousands of young people. If you are a Cabrini College alumna who graduated from Mother Cabrini High School (New York) or Cabrini High School (New Orleans), please let us know by contacting Carol Bobrowski at 610-902-8796 or ckb39@cabrini.edu.



Left to right: Elena Daly '66, Noreen Redden '66, Cheryl Reiss '66, Kathy Eck '66, Pat Coughlin Baker '66, and Carol Maley '66 in a photo snapped aboard the Glory.

## 1966

45th Reunion  
Celebrate at Alumni Weekend 2011

In September 2010, Class of 1966 members **Elena Daly, Noreen Redden, Cheryl Reiss, Kathy Eck, Pat Coughlin Baker** and **Carol Maley** embarked on a five-day cruise aboard Carnival Cruise Lines' *Glory*. The ship departed New York and sailed to Halifax, Nova Scotia, and St. John, New Brunswick. The group gathered on the ship's balconies nightly to reminisce about their days at Cabrini. **PICTURED ABOVE**

## 1970

**Nancy D'Amato Donley '70** owns and operates Ch'Naca Fiberworks in Prince Frederick, Md. For the past five years, Ch'Naca has hosted a knit-in to make chemo caps that are donated to the Infusion Center at Prince Frederick Hospital and Hospice.

**Peter Dabback CE'70** presented beer tastings to Cabrini faculty and staff on Nov. 4, 2010. He donated the beer from Sly Fox Brewery in Phoenixville, Pa., where his son-in-law, Brian O'Reilly, is brewmaster. O'Reilly is married to Dabback's daughter, **Whitney Dabback O'Reilly '07**.

# Class NOTES

## 1971

**40th Reunion**  
**Celebrate at Alumni Weekend 2011**

## 1972

**Patricia Borth Wilson '72** retired in July 2010 after a 38-year career working with individuals with mental disabilities. For 35 of those years, she was a school psychologist, then served as director of professional and therapeutic services for adults with mental disabilities. She enjoys spending time with her three grandchildren.

## 1976

**35th Reunion**  
**Celebrate at Alumni Weekend 2011**

## 1977

**Vivian Mayol Caballero '77** is teaching English composition, reading, and grammar to Spanish-speaking undergraduate students at the University of Puerto Rico, Bayamon. She also teaches two English classes at Sacred Heart University in Fairfield, Conn.

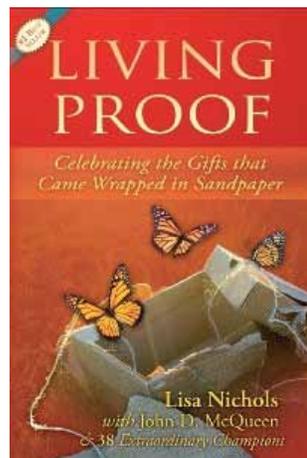
## 1981

**30th Reunion**  
**Celebrate at Alumni Weekend 2011**

## 1985

**Patricia Karen Ross Hovis '85** earned a master of education in middle/secondary school instruction from Edinboro University of Pennsylvania in May 2010.

**John D. McQueen '85** is co-author of the new book "Living Proof: Celebrating the Gifts That Came Wrapped in Sandpaper," with Lisa Nichols, **PICTURED RIGHT**. In the anthology, McQueen and more than 35 other individuals share their stories of personal triumph. McQueen recounts how, as a child, he was shuffled in and out of foster care before Coach



John Dzik recruited him to play for Cabrini's men's basketball team. He then went on to build a successful career as an entrepreneur with ownership and investments in health and wellness, food manufacturing, entertainment and computer software. McQueen lives in Atlanta with his wife and two children. To purchase the book, visit [www.jmcqueenislivingproof.com](http://www.jmcqueenislivingproof.com).

## 1986

**25th Reunion**  
**Celebrate at Alumni Weekend 2011**

## 1989

**Cathy Currie Rosta '89** and her husband, Joseph, welcomed baby Shane on Oct. 14, 2010. Shane joins siblings Katie, Jamie, and Joey.

**PICTURED BELOW**



## 1990

*The Shippensburg News-Chronicle* announced that **Christine Anne Royce, Ed.D. '90**, associate professor of education at Shippensburg University, traveled to Shanghai as part of a U.S. delegation to the U.S.-Sino Forum on Science and Education. The forum, co-hosted by the National Science Teachers Association and the China Association of Children's Science Instructors, allowed educators from the U.S. and China to share information on science education trends in both countries.

## 1992

**20th Reunion**  
**Celebrate at Alumni Weekend 2011**

## We want to hear from you!

Cabrini College encourages communications from alumni regarding career changes, publications, volunteer work, marriages, births and other information that is of interest to fellow classmates and the Cabrini community.

To submit your class note to *Cabrini Magazine*:

- Log on to [www.cabrini.edu/alumni](http://www.cabrini.edu/alumni) or email [alumni@cabrini.edu](mailto:alumni@cabrini.edu)
- Mail to Cabrini College, Alumni Relations, 610 King of Prussia Road, Radnor, PA 19087

*For publication purposes, electronic images should be at least 2" x 3" with a resolution of at least 300 dpi (dots per inch). JPG or TIF files acceptable.*



Enzo Gianni Mirigliani

lay president of the Academy of Notre Dame de Namur, a Catholic, college preparatory school located in Villanova, Pa., which educates young women in grades 6-12.

## 1999

**Gavin Mirigliani '99** and **Gina Bongiovanni Mirigliani '99** welcomed their first child on July 26, 2010, **PICTURED ABOVE**. Enzo Gianni weighed 7 pounds and measured 19 inches. Proud family members include **Justin Mirigliani '97, G'04** and **Linsey Mirigliani '04**. The family resides in Los Angeles. Gavin is an assistive technology assessor for the Los Angeles Unified School District. Gina is a pediatric occupational therapist and owner of Daisy Couture, a dog collar boutique ([www.daisycouturecollars.com](http://www.daisycouturecollars.com)).

## 2001

### 10th Reunion Celebrate at Alumni Weekend 2011

**Kathleen Ross Galloway '01** and her husband, Doug, welcomed a baby girl on May 23, 2010. Riley Ellen joins brother Wyatt, 4. **PICTURED BELOW**



## 1993

**Catherine DeHart '93** received a master of public administration from Widener University in December 2010.

*The Main Line Suburban Life* reported that **Sister Emma Moussayan '93** was appointed principal of Armenian Sisters Academy in Radnor, Pa.

## 1994

**Jason Paolini '94** has been appointed president of U.S. Foodservice's San Diego division. He served in a variety of positions during his 11-year career with U.S. Foodservice, including president of the Milwaukee region, vice president of procurement in the Albany division, and in category management for the Philadelphia area. Prior to working at U.S. Foodservice, Paolini held positions in supply chain and sales management with top companies such as AmeriGas Propane, Edward Don & Co., and Wyndham Hotels and Resorts.

## 1996

### 15th Reunion Celebrate at Alumni Weekend 2011

**Veronica Collins Harrington G'96** was featured in the *Norristown Times Herald* and the *Ambler Gazette* for receiving the Gwynedd-Mercy College Distinguished Alumni Award for her accomplishments in teaching and administrative roles in education. Harrington, who earned a master of education and principal certification at Cabrini, is the first

# Class NOTES

**Janice Funk Ray '01** and her husband, Jim, welcomed their third child on Sept. 6, 2010. Jane Catherine weighed 7 pounds, 11 ounces. She joins brother Aidan, 8, and sister Sadie, 5.

**PICTURED RIGHT**



## 2005

**Michelle Shuster LeFevre '05** and her husband, Jason, welcomed identical twin girls on March 20, 2010. Madison Rose and Rylee Nicole each weighed 4 pounds, 9 ounces, and measured 17 inches. **PICTURED ABOVE**

**Nicole Chiarelli '05** is engaged to marry Scott Depew Jr. on July 15, 2011, at the Atrium at the Curtis Center in Philadelphia, **PICTURED BELOW**. She received a master's degree in clinical psychology in 2009 and is working toward a licensure in professional counseling in New Jersey. The couple resides in Bridgeton, N.J. *Photo courtesy Unique Image Photography*



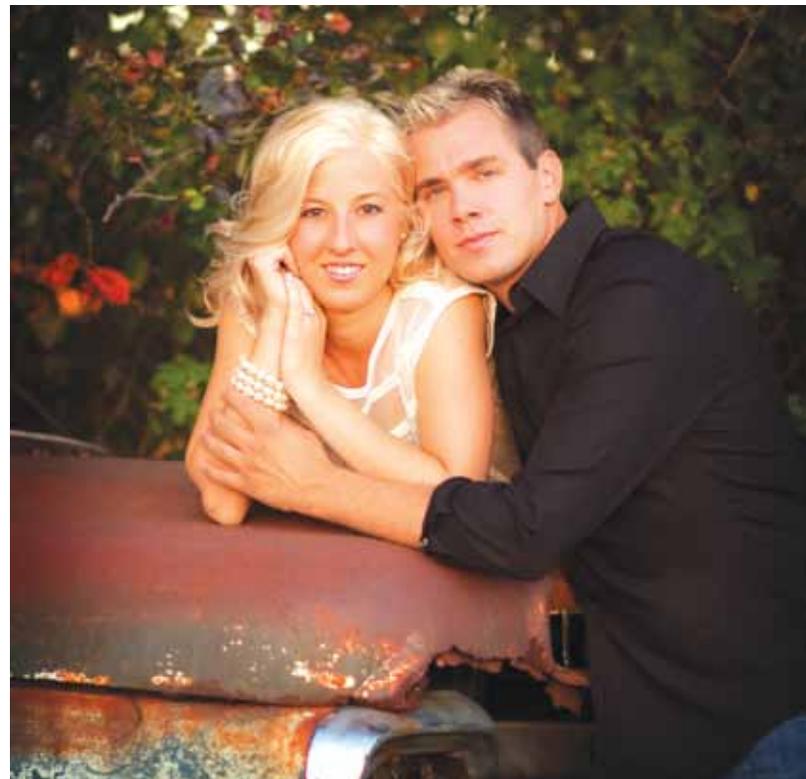
Hayden Neil Silva

## 2003

**Shannon King Silva '03** and her husband, Brandon, welcomed their second son on Oct. 18, 2010. Hayden Neil, **PICTURED ABOVE**, weighed 8 pounds, 15 ounces, and measured 21 inches. He joins brother Jacob, 3.

## 2004

**Michael Wozny '04** and **Beth Muscarelli ADP'09** married in West Chester, Pa., on July 10, 2010. They met at Cabrini during new student orientation in August 2000. **PICTURED RIGHT**



## 2006

### 5th Reunion

#### Celebrate at Alumni Weekend 2011

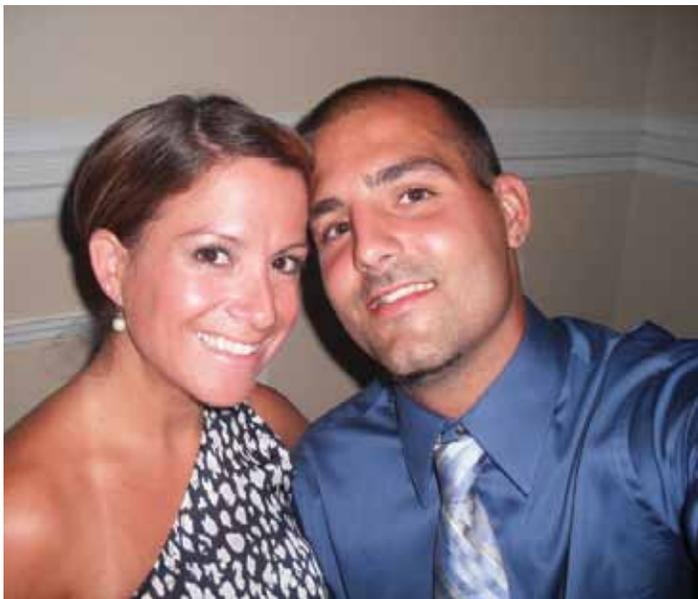
**Mark Tripolitsiotis '06** is engaged to marry Michelle DeLeo on April 16, 2011, at St. Leo Catholic Church in Stamford, Conn. He works in operations at Reed Exhibitions in Norwalk, Conn.



**Claudia Sciandra '06**, daughter of **Kathleen Daniels Sciandra '71** and Luigi Sciandra, is engaged to marry John J. Peirce III of Collegeville, Pa., on Nov. 12, 2011, **PICTURED RIGHT**. Claudia's sister and three brothers plan to serve in the wedding party.

## 2007

**Allison Sachs '07** and Bill Banks are engaged to marry Sept. 3, 2011, in Blackwood, N.J. The couple resides in Pine Hill, N.J. **PICTURED BELOW**



## 2009

**Angela Savasta '09** and **Daniel Cowhey '06** were engaged on Dec. 3, 2010. Savasta is a sales assistant at Metro Networks in Bala Cynwyd, Pa., and is enrolled in Cabrini's Graduate Education and

Teacher Certification Program. Cowhey teaches social studies at Excel South Academy in Philadelphia. He also is a ring announcer and commentator for various professional wrestling events in the Philadelphia area. **PICTURED BELOW**



## 2010

**Shannon Winters '10** is an English teacher at her high school alma mater, Archbishop Molloy, in Briarwood, N.Y.

### IN MEMORIAM

**Jay Johnson '08** died Dec. 7, 2010, at the age of 25. He was an inspections processing technician at Hartford Steam Boiler in Wayne, Pa. He was an avid fisherman, enjoyed cars and was a fan of the Philadelphia Eagles. Contributions in Jay's memory may be made to the Business Administration Department of Cabrini College, c/o the Office of Institutional Advancement, 610 King of Prussia Rd., Radnor, PA 19087.

**Wanda Gans G'10** passed away Jan. 29, 2011, at the age of 29. She earned a master of education at Cabrini and was a teacher at William H. Harrison Elementary School in the Philadelphia School District.



Sara Maggitti

## Counseling and Psychological Services Adapts to Changing Needs of Students

By Sara Maggitti, Psy.D., Licensed Psychologist and Director of Counseling and Psychological Services at Cabrini College

When Jennifer\*, a junior, walked into Cabrini's Office of Counseling and Psychological Services (CAPS) last fall, she came looking for something that was missing: her stride.

Battling a persistent feeling of emptiness, Jennifer had lost interest in activities she once enjoyed. She found it more and more difficult to concentrate on coursework, and her grades slipped. Her friends' support was spotty at best; they were overwhelmed by Jennifer's change in mood, or inexperienced in dealing with these types of issues. What also concerned her was that she had struggled with these issues in high school, and had thought it had been a phase she had grown out of.

In years past, most of the issues addressed in college counseling centers were about roommates, homesickness, and adjustment issues. While those issues are still common, today's college students are just as likely to suffer more severe psychiatric illnesses such as depression, bipolar disorder, and eating disorders—illnesses that specifically affect their academic progress, social interaction and behavior. Consider the statistics in "College of the Overwhelmed: The Campus Mental Health Crisis and What to Do About It", a book by Dr. Richard Kadison and Theresa Foy DiGeronimo:

### Academic progress

- 48% of College students report difficulty functioning at school due to mental illness
- 32.4% report that stress is the primary impediment to their academic stress while 15.3% report depression interferes with their academic performance

### Social interaction and behavior

- 56% report needing help but not seeking help
- 44% report engaging in binge drinking
- 19% report suicidal thoughts or feelings

The college years are stressful and a time when many psychiatric illnesses first emerge. The prevalence and severity of mental health issues within the college student population impacts every aspect of higher education. Counseling centers have been called on to provide comprehensive services to the campus community to help safely balance student development and society.

Because many students begin counseling before they get to college and effectively manage their mental health with antidepressants or other medications, availing themselves of help offered at on-campus counseling centers is natural for them. Therefore, there is now a greater need for campus mental health services to provide a wider range of support including individual and group counseling, psychiatric care and crisis counseling—all to better serve students and help them achieve graduation. In addition, research suggests that students who use on-campus counseling services have higher graduation rates. For example, the retention rate for students who receive psychological counseling was 14 percent higher than for students who do not (Kitzrow, 2003, "The Mental Health Needs of Today's College Students," NASPA Journal).

Just like the national trend, Cabrini has seen an influx of students seeking help at CAPS. Over the last seven years, we have experienced a 2 to 5 percent increase each year in total number of students served in the counseling center. During the academic year, our office may see 10 to 12 percent of Cabrini's entire student body—and the number of students visiting rises each year.

To accommodate the increase and meet the more diverse mental health needs of the student community, the CAPS office includes staff with expertise in treating eating disorders and substance abuse as well as a psychiatrist to manage the significant number of students requiring medication to effectively help manage their psychiatric symptoms. We continue to provide outreach to the entire campus community, with preventive efforts aimed at providing a psychologically healthy community of students, parents, staff and faculty.

Our efforts are focused on positive outcomes—like the one Jennifer experienced. Today she regularly participates in counseling sessions and reports an overall improvement. She now schedules study sessions to keep herself on track academically and her grades have risen. She extends herself socially and goes out with friends on the weekends. With encouragement, she has begun participating in and enjoying her hobbies of creative writing and intramural sports. Each day, she gets closer to hitting her stride.

*\*Not her real name.*

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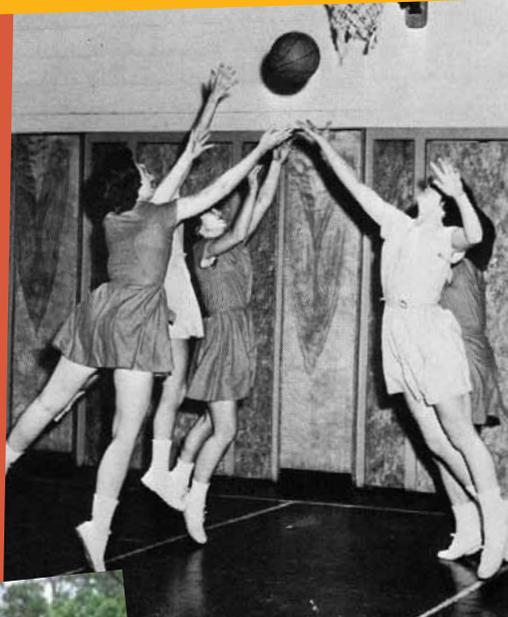
# ALUMNI WEEKEND

**Catch up with former classmates and professors!**

**Classes of 1961, 1966, 1971, 1976, 1981, 1986, 1991, 1996, 2001 and 2006 celebrate a milestone!**

All alumni are welcome!

For details and to register:  
[cabrini.edu/alumniweekend](http://cabrini.edu/alumniweekend)  
or 610-902-8212



**FRIDAY, JUNE 3**

**SATURDAY, JUNE 4**

**FEATURING:**

- **Young Alumni Happy Hour**
- **Fun Run**
- **Alumni/Faculty Reception and Dinner**
- **Mansion Gala**

**AND MUCH MORE!**



**Celebrate the outstanding accomplishments of fellow alumni at the annual Alumni Awards Luncheon honoring:**

**Mary Beth Senkewicz '76**  
Distinguished Achievement Award

**Hollie Havens '98**  
Martha Dale Distinguished Service Award

**Bernadette Demski Gur '86**  
The St. Frances Xavier Cabrini Award for Community Service

**Jacquelyn Flick Fagioli '06**  
Cabrini College Young Alumni Award

**Tom Costello and Jackie Neary**  
Cabrini College Honorary Alumni Award