

## PSYCHOLOGICAL DISABILITY

### **Documentation Requirements for a Psychological Disability**

To document a psychological disability, a student must submit a current report based on a comprehensive evaluation performed by an appropriate professional (i.e., psychiatrist, licensed psychologist or clinical social worker).

At minimum, the following information must be included:

- DSM IV-R diagnosis including procedures and instruments used to make the diagnosis
- Summary of evaluation results, relevant history and treatment including current medications (including any neuro-psychological, educational, or psychological testing)
- Identification of functional limitations caused by the disability and/or how major life activities are impacted due to the diagnosis, and how it will affect the student in a college environment
- Recommendations for appropriate accommodations to help compensate for the disability
- Since psychological disabilities can change over time, a current diagnosis is important for determining eligibility for which these accommodations are required

